

Child Abuse Prevention/Treatment Resources

CHILD ABUSE PREVENTION COUNCIL

118 S. Oak Knoll
Pasadena, CA 91101
(626) 795-6907
(626) 564-1651 Fax

Description: Coalition of agencies, social services, educators, mental health, medical. Provides crisis intervention counseling, and parenting education. Spanish spoken.

CHILDREN'S BUREAU

3910 Oakwood Ave.
Los Angeles, CA 90004
(323) 953-7356
(323) 661-7306

<http://www.all4kids.org>

Description: Multi-service child welfare agency. Child abuse prevention program. Parent edu classes & in-home parenting training services in English & Spanish. Parents support group , NuParent program. Foster care & adoptions services, family recruitment , ongoing and separate adoption support group, mental health, and day treatment services. Spanish Spoken.

VMH/CARE

1540 E. Colorado Blvd.
Glendale, CA 91205
<http://www.vmh.org>
(818)244-7257

(818)243- 5431 Fax

Description: Five sites that specialize in treatment for chronically mentally ill adults and abused and emotionally disturbed children and a substance abuse program.

FOOTHILL FAMILY SERVICES

Child Abuse Prevention
118 S. Oak Knoll Ave
Pasadena, CA 91101
(626) 564-1613
(626) 564-1651 Fax

<http://www.foothillfamily.org>

Description: Individual and group counseling for families of all ages, child abuse treatment and parenting classes, languages Spanish, Armenian, Korean, and Japanese. Sliding scale.

Child Abuse Prevention/Treatment Resources

LOS ANGELES COUNTY CHILDREN & FAMILY SERVICES

532 E. Colorado Blvd.

Pasadena, CA 91101

(626) 229-3500

<http://dcfs.co.la.ca.us>

Description: Protective services provided for children, victims of abuse and neglect. Referrals accepted through 24 hour child abuse hotline.

HILLSIDE MENTAL HEALTH PROGRAM

940 Ave. 64

Pasadena, CA 91105

<http://www.hillsides.org>

(323) 254-2274

(323) 254-9087 Fax

<http://www.hillsides.org>

Description: Office and in home counseling for treatment of child abuse, mental health issues for children 9-18 years old.

COURT APPOINTED SPECIAL ADVOCATE (CASA)

201 Centre Plaza Dr., Ste 3

Monterey Park, CA 91754

(323) 526-6666

(323) 264-5020 Fax

<http://www.casala.org>

Description: CASA consists of trained community volunteers who act as advocates for dependent, abused or neglected children. Represents the child's needs, provides a second point of view during the dependency process. Provides supportive and positive adult role model for the abused or neglected child. Walk-in or call to apply. Spanish spoken.

Child Care Resources

COMMUNITY CARE LICENSING CENTER

Northwest Child Care Office
6167 Bristol Parkway, Ste 400
Culver City, CA 90230
(310) 337-4333
(310) 337-4360 Fax
<http://www.cclcd.ca.gov>

Description: Administers licensing for childcare centers and family day car homes. Accepts complaints against childcare providers. Chinese & Spanish spoken.

NEW HORIZONS FAMILY CENTER

Child Development Center
744 S. Glendale Ave.
Glendale, CA 91205
(818) 545-9848
(818) 545-9901 Fax
<http://www.newhorizonsfamilycenter.org>

Description: Provides affordable childcare in a center for children 6 weeks to 5 years.

LOS ANGELES COUNTY OFFICE OF EDUCATION/ HEAD START PROGRAM

Head Start/ State Preschool Division
10100 Pioneer Blvd., Ste 325
Santa Fe Springs, CA 90670
(562) 940-1770
(562) 940-1740 Fax
<http://www.lacoe.edu>

Description: Operates Head Start, Early Head Start & state preschool half-day and full-day programs. Full year preschool programs in collaboration with childcare providers in center and family home settings including meals, designed for low income families with 3-5yr old children. Offers child abuse prevention program. Special program for mother with children under 3 yrs. Spanish spoken.

CHILDCARE RESOURCE CENTER

16650 Sherman Way
Van Nuys, CA 91406
(818) 717-1000
(818) 947-7166 Fax
<http://www.ccrcla.org>

Description: Provides referrals for childcare providers in the San Fernando Valley, subsidized childcare, school readiness and preschool, and has Head Start locations. Korean and Japanese spoken. Sliding scale.

Child Care Resources

YWCA OF GLENDALE

Community Programs & Services

735 E. Lexington Drive

Glendale, CA 91206

(818) 242 – 4155

(818) 240 – 6036 Fax

<http://www.glendaleywca.org>

Description: Head Start and preschool & extended day care for school age, free cancer screenings, mammograms & pap smears for low income women 50 yrs+. Walk-in or call. Spanish, Armenian, Russian, Tagalog spoken.

CHILDCARE INFORMATION SERVICES

2465 E. Walnut Street

Pasadena, CA 91107

(626) 449 – 8821

(626) 449 – 8296 Fax

<http://www.ccispasadena.org>

Description: Provides childcare information including referrals for childcare, emergency childcare, subsidized childcare for parents that qualify.

CENTER FOR COMMUNITY & FAMILY SERVICES

HEAD START/EARLY HEAD START

2650 E. Foothill Blvd

Pasadena, CA 91107

(626) 585 – 6500

<http://www.ccafs.org>

Description: Individualized curriculum & care routines, center-based nutritious daily meals, formula & diapers, breastfeeding support, hearing & vision screenings, individualized care for children with special needs, mental wellness, parent & child field trips, parent involvement, access to community resources, licensed childcare & infant/toddler centers and transportation. Serves children birth – 5 years old. All services are free. Call for local centers in Glendale.

Dental Care Resources

ARROYO VERDUGO FAMILY DENTAL

3465 N. Verdugo Rd

Glendale, CA 91208

(818) 249 – 9650

(818) 249 – 1330 Fax

Description: Accepts Medi-cal, Spanish, Armenian, Tagalog spoken.

USC SCHOOL OF DENTISTRY

925 West 34th St.

Los Angeles, CA 90089

(323) 740 – 0412

<http://www.usc.edu/hsc/dental>

Description: Dental care for children 2-12 years. Seeking dental care for patients 13 years adult, please call (213) 470 – 8751. Fees based on age of patient.

GLENDALE HEALTHY KIDS

223 N. Jackson St. B-17

Glendale, CA 91206

(818) 548 – 7931

(818) 545 – 7931 Fax

<http://www.glendalehealthykids.org>

Description: School site referral program, USC mobile dental clinic services, dental education program and dental sealant program. Referrals for medical and dental.

LOS ANGELES FREE CLINIC

8405 Beverly Blvd

Los Angeles, CA 90048

(323) 653 – 1990

<http://www.lafreeclinic.org>

Description: Fillings, extractions, hygiene, and referrals for adults and children 5-18 years old. Do not need insurance.

Disabled/Special Education/Rehab Resources

ABILITY FIRST

Maple Park Apartments
711 E. Maple St., Ste 114
Glendale, CA 91205
(818) 507-1969
(818) 507-1969 Fax

Description: 24 independent living apartments for adults (18+) with physical or developmental disabilities. Apartments are for low income adults and are subsidized by Section 8. Apartments are wheelchair accessible and are equipped with emergency dispatch alarms.

ADULT PROTECTIVE SERVICES

L.A. Co. Community & Senior Services
3333 Wilshire Blvd. Ste 400
Los Angeles, CA 90010
(888)202-4248
(213)738-6485 Fax

<http://www.la4seniors.com>

Description: Crisis intervention for elderly & dependent adult abuse. If you know or suspect that an elderly person or a dependent adult is being abused physically, emotionally, or financially, or is being neglected by self or others, call the number above for assistance. Spanish upon request.

BRAILLE INSTITUTE

741 N. Vermont Ave.
Los Angeles, CA 90029
(800)272-4553

<http://www.brailleinstitute.org>

Description: Call (800) BRAILLE, Education & counseling services for people of all ages who are blind and visually impaired, books on tape library for So. Calif, braille & recording services, low vision consultation. Braille services & supplies, including tactical maps, graphics, certified braille embossing and a library of books, descriptive videos, comprehensive programs for children. Serves all ages. Spanish spoken.

ACCESS SERVICES

P.O. Box 71684
Los Angeles, CA 90071-0684
(800) 272- 4553

<http://www.asila.org>

Description: Transportation services for the disabled.

Disabled/Special Education/Rehab Resources

BURBANK NOON LIONS

(818) 955- 8018

Description: Offers programs designed to meet the hearing needs of low-income individuals. Provides no- cost audiologist assessment as well as cleaned, reconditioned and re-shelled hearing.

CALIF. DEPT. OF REHABILITATION/BURBANK

Glendale/Burbank Branch Office

425 W. Broadway , Ste 200

Glendale, CA 91204

(818) 551-2141

(818) 551-2148 Fax

<http://www.rehab.cahwnet.gov>

Description: Assist people with all types of disabilities to retain employment and live independently. Vocational rehab, training, edu, transportation, job placement, assistive technology, deaf & hearing, blind services, and technical assistance. Spanish Spoken.

CHILDREN'S MEDICAL SERVICES

L.A. Co. Dept. of Health Services

9320 Telstar Ave., Ste 226

El Monte, CA 91731

(800) 288 – 4584

(800) 924 – 1154 Fax

Description: CMS provides leadership for a family-centered health care system for children. Promotes access to prevention, screening, diagnosis, treatment, rehab, & follow-up activity. CMS administers programs including: CCS, CHDP, Calif. Children's Services assures that children under age 21 yrs with chronic illnesses or disabilities receive specialized medical care & rehab when their families have been determined eligible.

COMPUTER ACCESS CENTER

6234 W. 87th

Los Angeles, CA 90045

(310) 338 – 1597

(310) 338 – 9318 Fax

Description: Access to computer technology for persons with disabilities. Info & direct hands-on experience. Spanish spoken.

Disabled/Special Education/Rehab Resources

DISABILITY RIGHTS LEGAL CENTER

Loyola Law School
919 Albany Street., Ste FH – 214
Los Angeles, CA 90015
(213) 736 – 8366
(213) 487 – 2106 Fax

<http://www.disabilityrightslegalcenter.org>

Description: Law firm providing litigation, mediation, special edu advocacy and training services to persons with disabilities. Litigation focuses on disability discrimination in govt. services businesses, housing, and transportation. Mediation for any matter affecting a person with disabilities. Special edu advocacy for children with cancer. Training on ADA for persons with disabilities, attorneys, businesses, and govt agencies. For TDD services, call (213) 736 – 8310

CONVALESCENT AID SOCIETY

3255 E. Foothill Ave.
Pasadena, CA 91107
(626) 793 – 1696

<http://www.casl.org>

Description: Medical equipment on loan for in-home use. In continuous operation since 1923, the Convalescent Aid Society provides assistance to residents needing medical equipment for in-home use at no charge and without time restraints.

CASA COLINA CENTER FOR REHABILITATION

255 E. Bonita Ave.
Pomona, CA 91767
(800) 926 – 5462
(909) 593 – 0153 Fax

<http://www.casacolina.org>

Description: Acute inpatient & outpatient, physical med and rehab for children and adults diagnosed with brain injury, spinal cord injury, stroke, back pain disorders, chronic pulmonary disease, neurological and neuromuscular disorders and other disabling conditions. Outpatient clinics: audiology, hand, orthotics and prosthetics, driver training and eval, amputee and pulmonary. Return to work, long-term residential and post rehab support programs. Adaptive sports & outdoor adventures, adapted fitness center, SWIMFIT program, support groups open to community members. Spanish spoken.

Disabled/Special Education/Rehab Resources

CHILDREN'S TUMOR FOUNDATION

California Chapter
8939 S. Sepulveda Blvd., Ste 516
Los Angeles, CA 90045
(310) 216 – 9570
(310) 216 – 7789

<http://www.ctf.org>

Description: Dedicated to finding the cure & treatment of neurofibromatosis. Refers individuals to genetic counseling, medical diagnosis and care, connects them with local support groups, supplies, edu brochures, provides professional and public edu packets, speakers, resources & referrals.

CENTER FOR THE PARTIALLY SIGHTED

12301 Wilshire Blvd., Ste 600
Los Angeles, CA 90025
(310) 988 – 1970
(310) 458 – 8179 Fax

<http://www.low-vision.org>

Description: Low vision services for the partially sighted and/or legally blind. Training with prescribed visual devices, psych counseling, diabetes edu & support groups, HIV & vision loss program, pediatric vision assessments, orientation & mobility instruction, independent living skills classes and independent living aids, home safety assessments. Technology assessments including intro to specific devices for work or school such as computer software, telescopic lenses. Spanish spoken. Other languages upon request.

DISABILITY MINISTRIES

Church of Christ
2021 W. Glenoaks Blvd.
Glendale, CA 91201
(818) 843 – 3636
(818) 843 – 3638 Fax

Description: Sunday at 9:30 am & Wednesday at 7:00 pm in sign language for Deaf. Korean spoken.

DOWN SYNDROME ASSN. OF LOS ANGELES

315 Arden Ave., Ste 25
Glendale, CA 91203 – 119
(818) 242 – 7871
(818) 242 – 7819

<http://www.dsala.org>

Description: Support parents for children with Down Syndrome, peer counseling, newsletter, library of books, videos, cassettes, info packets, meetings, conferences, Spanish spoken.

Disabled/Special Education/Rehab Resources

FRANK D. LANTERMAN REGIONAL CENTER

3303 Wilshire Blvd., Ste 700

Los Angeles, CA 90010

<http://www.lanterman.org>

Description: One of 21 regional centers in California that serve people with or at – risk of, developmental disabilities & their families. A person is eligible for regional center services if he or she has developmental disability, is experiencing or is at-risk of developmental delay or disability, or is at high risk of parenting a disabled infant. Spanish, Chinese, Armenian, Korean spoken.

GLENDRIDGE CENTER

611 S. Central Ave.

Glendale, CA 91204

(818) 637 – 7727

(818) 637 – 2151 Fax

Description: 116 bed center serves age 60 yrs +: ambulatory, non ambulatory.

JUNIOR BLIND OF AMERICA

5300 Angeles Vista Blvd.

Los Angeles, CA 90043

(323) 295 – 4555

(323) 296 – 0424 Fax

<http://www.juniorblind.org>

Description: Edu & residential program for the blind, multi-disabled children. Adult program for newly blind or low vision. Home based infant program. Recreation program for the blind, camp for blind, multi-disabled.

EASTER SEALS

710 W. Broadway Ave., Ste 710

Glendale, CA 91204

(818) 551 – 0128

(818) 551 – 9846 Fax

<http://www.easterseals.com>

Description: Community based programs for adults with dev. Disabilities. After-school daycare for children with disabilities. Walk-in. Tagalog and Spanish spoken.

Disabled/Special Education/Rehab Resources

GLENDALE HOUSING AUTHORITY

HUD Section 8 Rental Vouchers

141 N. Glendale Ave., Ste 202

Glendale, CA 91206

(818) 548 – 3936

(818) 548 – 3724 Fax

http://www.ci.glendale.ca.us/glendale_housing_authority.asp

Description: Rental assistance & home ownership for low income families, elderly, disabled & handicapped. Section 8 vouchers. Waiting list subject to closure. Waiting list currently closed to new applicants. Spanish and Armenian spoken.

GUIDE DOGS OF AMERICA

13445 Glenoaks Blvd

Sylmar, CA 91342

(818) 362 – 5834

<http://www.guidedogsofamerica.org>

Description: Provides professionally trained dogs and instruction in their use. Free of charge to blind and visually impaired individuals. Services aide individuals to pursue their goals of independence and greater mobility.

DISABLED SPORTS USA

531 Heather Ave.

La Habra, CA 90631

(949) 460-6969

<http://www.dsusa.org>

Description: Recreation and socialization monthly ski weekends at Mammoth, Dec-May. Serves blind, deaf, Cerebral Palsy, paraplegics, Spina Bifida, children and adults with any disability.

FOOTHILL AUTISM ALLIANCE

P.O. Box 10193

Glendale, CA 91209

(818) 662-8847

<http://www.foothillautism.org>

Description: A non-profit, all-volunteer organizations of parents, professionals, and caregivers, dedicated to providing education, resources, and support to the autism community. Armenian & Spanish spoken.

GLENOAKS CONVALESCENT HOSPITAL

409 W. Glenoaks Blvd

(818) 240-4300

(818) 247-0949 Fax

<http://www.hospital-data.com>

Description: Ninety-nine bed hospital serves ages 35+: ambulatory, non ambulatory, and Alzheimers

Disabled/Special Education/Rehab Resources

HOMES FOR LIFE FOUNDATION

8939 S. Sepulveda Blvd., Ste 460

Los Angeles, CA 90045

(310) 337-7417

(310) 337-7413 Fax

<http://www.homesforlife.org>

Description: Housing & support for adults with mental disorders. Case management, resident services coordinator. Sites located throughout L.A. County. Spanish and Tagalog spoken.

NATIONAL MULTIPLE SCLEROSIS SOCIETY

Southern California Chapter

2440 S. Sepulveda Blvd. Ste 115

Los Angeles, CA 90064

(310) 479-4456

(310) 479-4436 Fax

<http://www.nationalmssociety.org>

Description: Services individuals and their families with MS Services include, information & referral, special education seminars, short-term counseling, medical equipment loan, library, speakers, bureau, adaptive exercise program referral, job related workshops.

IVY GLEN APTS

113 N. Cedar Street

Glendale, CA 91206-4453

(818) 241-3888

<http://www.abilityfirst.org>

Description: Affordable rental housing for disabled. Call for more information regarding the waiting list.

L.A. CITY DEPT OF DISABILITY PROGRAMS

201 N. Figueroa St., Ste #100

Los Angeles, CA 90012

(213) 202-2764

(213) 202-2715 Fax

<http://disability.lacity.org/>

Description: Computerized info center for persons with disabilities, referrals for basic needs, transportation, recreation, job placement, job training program employment counseling, advocacy, constituent assistance, compliance, and individualized training programs.

Disabled/Special Education/Rehab Resources

GOODWILL INDUSTRIES

342 San Fernando Rd.
Los Angeles, CA 90031
(323) 223-1211
(323) 343-9927 Fax

<http://www.goodwillsocal.org>

Description: Services to physically, mentally, and emotionally disabled and other disadvantages such as illiteracy, homeless, former gang member, etc. Job training & placement PROGRAMS, career counseling, fully accredited high school, WIA, training in food services, janitorial, & retail. Welfare to Work training jobs. Center for Assistive Technologies, Metro North Resource Ctr., Career Advancement Ctr., Distance Learning Program., Goodwill High School, Career Evaluation Cntr., Veterans Training program. Also provides Vintage Fashion show for business, club, or groups. Spanish spoken.

L.A. CITY THERAPEUTIC RECREATION CENTER

929 Academy Rd.
Los Angeles, CA 90012
(323) 226-1402
(323) 226-1400 Fax

<http://www.laparks.org>

Description: Recreation programs for community residents ages 2 ½ yrs to adult. Programs for people with disabilities, after-school day camps, creative play preschool, teen and adult programs, special events, special olympics.

JOHN TRACY CLINIC

806 W. Adams Blvd.
Los Angeles, CA 90007
(800) 522-4582
(213) 749-1651 Fax

<http://www.johntracyclinic.org>

Description: Family centered educational facility, serving deaf preschool children, birth-5 yrs. For families in the L.A. area, services include audiological, evaluation, parent & infant programs, preschool programs, parent classes and support groups and a three week intensive summer session. Located throughout L.A. County. Spanish and Tagalog spoken.

ORTHOPAEDIC HOSPITAL L.A.

2400 Flower St.
Los Angeles, CA 90007
(213) 742-1000
(213) 742-1137 Fax

<http://www.orthohospital.org>

Description: 100 outpatient clinics for children with wide range of diagnosis: spina bifida, scoliosis, cerebral palsy, bone tumor, arthritis, osteogenesis imperfecta, and muscle disease.

Disabled/Special Education/Rehab Resources

DISABILITY RIGHTS OF CALIFORNIA

3580 Wilshire Blvd., Ste 902
Los Angeles, CA 90010-2512
(213) 427-8747
(213) 427-8767 Fax

<http://www.pai-ca.org>

Legal assistance to people with disabilities, including physical, developmental & psychiatric disabilities. Services include information & referral to other sources of assistance, peer, and self-advocacy training, representation in admin and judicial proceedings, investigation of abuse, neglect & legislative advocacy. Vietnamese, Chinese, Spanish, and Korean spoken.

SPECIAL OLYMPICS SOUTHERN CALIFORNIA

6750 E. Carso St.
Long Beach, CA 90808
(562) 354-2600
(562) 938-7671 Fax

<http://www.specialolympics.org>

<http://www.sosc.org>

Description: This is the admin office for all of So. CAL programs. Each county has many sports training programs & sporting events for children adults with mental retardation. All athletes are welcome. Minimum age is 8 yrs to compete. Spanish spoken.

VERDUGO VALLEY CONVALESCENT

2635 Honolulu Ave.
Montrose, CA 91020
(818) 248-6856
(818) 248-0925 Fax

Description: 138 bed, serves ages 30+; ambulatory, non-ambulatory, alzheimers. Mental health specialty, Wander Guard Alarm. Spanish, Tagalog, Armenian spoken.

WHEEL CHAIR TENNIS INFO LINE

Southern California Tennis Association
P.O. Box 240015
Los Angeles, CA 90024
(310) 208-3838
(310) 824-7691 Fax

<http://www.scta.usta.com>

Description: Information & referrals to junior wheelchair tennis programs for disabled youth.

Disabled/Special Education/Rehab Resources

FOOTHILL SELPA

1700 E. Mountain St.
Glendale, CA 91207
(818) 246-5378
(818) 246-3537 Fax

<http://www.foothillselpa.org>

Description: CONTACT: SELPA Director. See “SELPA Los Angeles County” for description of services.

MODERN SUPPORT SERVICES

P.O. Box 10365
Glendale, CA 91209
(818) 244-2677
(818) 244-2689 Fax

<http://www.modernsupportservices.org>

Description: Community based program serving individuals with developmental disabilities. Provide supported and independent living skills. Services include case management, education, and more. Office hours are 9am-5pm, Mon-Fri; provided are 24/7. Languages include Spanish, Armenian, Farsi, and Sign Language.

TOBINWORLD

920 E. Broadway
Glendale, CA 91205
(818) 247-7474
(818) 247-6516 Fax

<http://www.tobinworld.org>

Description: A non-profit school for youth diagnosed as severely emotionally disturbed, autistic or developmentally disabled. Provides academics and behavioral psychology, grades 1-12th, independent skills program, self sufficiency skills, field trips and special events. Armenian & Spanish spoken.

PASADENA BRAILLE CLUB

386 S. Los Robles Ave.
Pasadena, CA 91101
(626) 793-7636
(626) 449-2586 Fax

Description: Six housing units for blind/visually impaired. Classes, access to braille writer machines, closed circuit TV. Must become a member to apply for housing by attending 3 consecutive meeting held on the 2nd Monday each month from 11am-12pm. Lunch is included. Spanish spoken.

Disabled/Special Education/Rehab Resources

SOCIAL SECURITY ADMINISTRATION

Glendale District
710 S. Central Ave., Ste 320
Glendale, CA 91204
(818) 549-0403 Office
(818) 772-1213 National Hotline
<http://www.socialsecurity.gov>

Description: Information on Social Security, SSI benefits, SS cards, Medicare benefits & sign-up, survivor and burial benefits. Armenian, Italian, Spanish, Vietnamese, Chinese, Tagalog spoken.

ADULT THERAPEUTIC RECREATION PROGRAM

City of Glendale: Community Services and Parks Department
201 E. Colorado St.
Glendale, CA 91205
(818) 548-3798
(818) 409-7147 Fax
http://parks.ci.glendale.ca.us/therapeutic_recreation.asp

Description: Recreational, educational, social & fitness activities for developmentally and learning disabled adults ages 18 and above. The program provides excursions and a “Get Fit” Club. Armenian and Spanish spoken.

GLENDALE ASSOCIATION FOR THE RETARDED

GAR Services
6512 San Fernando Re.
(818) 242-2434
(818) 242-3010 Fax
<http://www.garservices.org>

Description: Assist people with all types of disabilities to retain employment and live independently. Services include: vocational rehabilitation (training, education, transportation, job placement), assistive assistance. Spanish spoken. ASL available.

Domestic Violence/Adult Abuse/Battered Persons Resources

ADULT PROTECTIVE SERVICES

L.A. County Community & Senior Services
3333 Wilshire Blvd.
Los Angeles, CA 90010
(888) 202-4248
(213) 738-6485 Fax
<http://www.la4seniors.com>

Description: Crisis intervention for elderly & dependent adult abuse. If you know or suspect an elderly or a dependent adult is being abused physically, emotionally or financially, or is being neglected, call the number above for assistance. Spanish spoken upon request.

NEW HORIZONS FAMILY CENTER

744 S. Glendale Ave.
Glendale, CA 91205
(818) 545-9848
(818) 545-9901 Fax
<http://www.newhorizonsfamilycenter.org>

Description: Family and individual counseling, domestic violence classes, parenting classes. Sliding fee scale.

YWCA OF GLENDALE

Women's Service CTR
1007 S. Central Ave. Suite 208
Glendale, CA 91204
(818) 240-0888
(818) 240-0169 Fax
<http://www.glendale.ywca.org>

Description: Outreach to Armenian and Spanish Assistance to TANF/GAIN recipients that are victims of domestic violence.

ELDER ABUSE UNIT/L.A. COUNTY

3333 Wilshire Blvd.
Los Angeles, CA 90010
(877) 477-3646
<http://da.co.la.ca.us/seniors>

Description: Reports for any adult abuse including disabled adults. Adult Protective Services (APS) Central Intake.

Domestic Violence/Adult Abuse/Battered Persons Resources

PATH ACHIEVE GLENDALE

Access Center
437 Fernando Court
Glendale, CA 91204
(818) 246-7900
(818) 246-2858 Fax
<http://www.achievelendale.org>

Description: Emergency shelter, access center, case management, transitional housing.

LA COUNTY DOMESTIC VIOLENCE COUNCIL

500 West Temple St., Room B-50
Los Angeles, CA 90012
(213) 974-0829
(213) 351-2019 Fax

Description: Domestic Violence services, outreach, drop-in center, parenting, transitional housing. Information and referral. Free service.

YWCA OF GLENDALE

735 E. Lexington Dr.
Glendale, CA 91206
(818) 242-4155
(818) 351-6036 Fax
<http://www.glendaleywca.org>

Description: 24 Hour Domestic Violence Hotline, 45 day emergency shelter and transitional, housing, drop in center.

Eating Disorders & Food Addiction Services

FULLER PSYCHOLOGY SERVICES

180 N. Oakland Ave.
Pasadena, CA 91101
(626) 584-5555
(626)-584-5558 Fax
<http://www.fuller.edu>

Description: Outpatient services for children, teens and adults. Individual, couple, family, and group therapy. Eating disorder counseling.

HELP ANOREXIA & BULIMIA

10 University City Plaza
University City, CA 91608
(818) 766-5663
(818) 766-5669 Fax

Description: Self help support groups in Universal City area. Also referrals for individual counseling.

OVEREATERS ANONYMOUS PASADENA

P.O. Box 1108
Pasadena CA, 91102
(626) 568-7511
<http://www.oafoothill.org>

Description: Self help group patterned after Alcoholics Anonymous

Emergency/Basic Needs Assistance Resources

AMERICAN RED CROSS/GLENDALE

Glendale-Crescenta Valley Chapter

1501 S. Brand Blvd.

Glendale, CA 91204

(818) 243-3121

(818) 240-2899 Fax

<http://www.arcglendale.org>

Description: First Aid and CPR training for individuals and businesses. Disaster Relief for victims of home fires or other catastrophes. Earthquake preparedness training for all ages. Spanish, Armenian, Russian spoken

ARMENIAN RELIEF SOCIETY

1205 N. Vermont Ave.

Hollywood, CA 90029

(323) 669-0471

(818) 669-1235 Fax

<http://www.ars1910.org>

Description: Employment referral, placement, translation, training & vocational counseling. Free job listings to employers looking for qualified workers. Also assists with housing assistance. Walk-in-or call. Armenian, Farsi, Arabic, French, Russian spoken.

ASSISTANCE LEAGUE OF GLENDALE

314 E. Harvard St.

Glendale, CA 91205

(818) 247-4296

<http://www.alglendale.org>

Description: Employment referral, placement, translation, training & vocational counseling. Free job listings to employers looking for qualified workers. Also assists with housing assistance. Walk-in or call. Armenian, Farsi, Arabic, French, Russian spoken

CATHOLIC CHARITIES COMMUNITY SERVICES

Glendale Community Center

4322 San Fernando Rd.

Glendale, CA 91204

(818) 409-3080

(818) 956-1857 Fax

<http://www.catholiccharitiesla.org/what-we-do/strengthen-communities/123-community-centers.html>

Description: Emergency food, clothing, emergency assistance & case management, at-risk youth services, immigration and citizenship services. Food pantry. Spanish, Armenian, Farsi, French spoken.

Emergency/Basic Needs Assistance Resources

L.A. CO. PUBLIC SOCIAL SRVS/GLENDALE

Glendale District
4680 San Fernando Rd.
Glendale, CA 91204
(818) 546-6100
(818) 546-1244 Fax
<http://dps.lacounty.gov>

Description: Administer CalWORKs. TANF, Medi-Cal, GR, food stamps, Refugee Assistance, Walk-in-or call.

L.A. REGIONAL FOODBANK

1734 E. 41st Street
Los Angeles, CA 90058-1502
(323) 234-3030
(323) 234-0943 Fax
<http://www.lafightshunger.org>

Description: Food bank for nonprofit agencies (no direct food distribution to needy). Items include: produce & canned goods.

LOAVES AND FISHES

Catholic Charities
4322 San Fernando Rd.
Glendale, CA 91204
(818) 409-3080
(818) 956-1857 Fax

Description: Emergency food and clothing. Case management program. Immigration & refugee services, some advocacy with welfare benefits. Spanish, Armenian, Farsi spoken.

SALVATION ARMY

Glendale Corps & Social Services
320 W. Windsor Rd.
Glendale, CA 91204
(818) 246-5586
(818) 246-2419 Fax
<http://www.glendalecorps.org>

Description: Emergency food, transitional shelter & clothing. Utility payment assistance when funds are available. Walk-in or call. Spanish spoken.

Emergency/Basic Needs Assistance Resources

ST. VINCENT DE PAUL SOCIETY

Council of Los Angeles Inc.
210 N. Avenue 21
Los Angeles, CA 90031-1713
(323) 224-6280
(323) 225-4997 Fax
<http://www.svdpusa.org>

Description: Lay Catholic organization whose members, all volunteers, work out of Catholic churches and Catholic-Korean centers.

THE DREAM CENTER

2301 Bellevue Ave.
Los Angeles, CA 90026
(213) 273-7000
(213) 273-7284 Fax
<http://www.dreamcenter.org>

Description: Christian based outreach and community programs. Residential adult recovery. CA certified youth residential (12-17 yrs).

AAA HOARDING AND BIO-HAZARD REMOVAL

(800) 818-6493
Description: On call 24 hours a day, flexible and discreet scheduling, work performed in timely manner, allow occupancy of the premises. Services include Hoarding and trash clean-up and disposal, disinfection of structure & personal property, packing, storage and sorting as necessary. Respond to your situation with discretion, compassion and respect. Licensed, bonded and insured.

Employment Placement/Job Training Resources

ARMENIAN EVANGELICAL SERVICES CTR

611 E. Colorado Blvd.
Glendale, CA 91205
(818) 240-8771
(818) 240-8791 Fax

Description: Prepares recent immigrants to seek, find and retain employment, helping to successfully adjust to new culture. Pre-employment language training classes. Info & referral, immigration services, employment development and job placement. Call for appointment. Armenian, Russian, Farsi, Spanish, French, Arabic spoken upon request.

ARMENIAN RELIEF SOCIETY

517 W. Glenoaks Blvd.
Glendale, CA 91202
(818) 241- 2972
(818) 241- 5755 Fax

<http://www.ars1910.org>

Description: Employment referral, placement, translation, training and vocational counseling. Free job listings to employers looking for qualified workers. Also assist with housing and emergency needs. Walk-in or appointment. Farsi, Armenian, Arabic, French, Russian spoken.

CALIF DEPARTMENT OF REHABILITATION

Glendale/Burbank Branch Office
425 W. Broadway, Ste 200
Glendale, CA 91204
(818) 551-2141

<http://www.rehab.cahwnet.gov>

Description: Assist people with all types of disabilities to retain employment and live independently. Services include: vocational rehabilitation (training, education, transportation, job placement), assistive technology, deaf & hearing services, blind services, and technical assistance. Spanish spoken.

Employment Placement/Job Training Resources

EMPLOYMENT DEVELOPMENT DEPARTMENT/JOB SERVICES

Verdugo Job Center
1255 S. Central Ave.
Glendale, CA 91204-2597
(818) 409-0441
(818) 241-0928 Fax
<http://www.verdugojobscenter.org>

Description: State sponsored employment service. Assist job seekers and employers. Provide no fee job search; placement services. Services include: access to the Internet , word processing, Interview skills, and Veterans workshops. Spanish, Armenian spoken.

GLENDALE ASSOCIATION FOR THE RETARTED

GAR Services
6512 San Fernando Rd.
Glendale, CA 91201
(818) 242-2434
(818) 242-3010 Fax
<http://www.garservices.org>

Description: Assist people with all types of disabilities to retain employment and live independently. Services include: vocational rehabilitation (training, education, transportation, and job placement), assistive technology, deaf & hearing services, blind services, and technical assistance. Spanish spoken. ASL available.

GLENDALE COMMUNITY COLLEGE / EOPS

1500 N. Verdugo Rd.
Glendale, CA 91208-2894
(818) 240-1000
(818) 244-8742 Fax
<http://www.glendale.edu>

Description: Extended Opportunity Program & Services offers information & referral, counseling, Extended Opportunity Program grants, book vouchers, priority registration, tutoring, mentoring, student work program, emergency no interest loans, transfer fee waiver, CARE is a special Extended Opportunity Program & Services program for single parents (all ages) receiving government financial assistance & helps with childcare, gas cards & many other services. Program for youth 16-21 years emancipating from foster care or seeking to live independent of their guardians. Spanish, Armenian, Farsi, Arabic, Russian, French, Korean spoken.

Employment Placement/Job Training Resources

GLENDALE YOUTH ALLIANCE

Verdugo Job Center
1255 S. Central Ave
Glendale, CA 91204
(818) 409-0476
(818) 409-0496 Fax
<http://www.glendaleyouthalliance.org>

Description: Employment assistance and placement for youth, case management and career development. Spanish & Armenian spoken. Serves youth 14-17 years.

ONE-STOP CENTER/GLENDALE

Verdugo Job Center
1255 S. Central Ave
Glendale, CA 91204
(818) 409-0476
(818) 409-0496 Fax
<http://www.verdugojobscenter.org>

Description: State sponsored employment service. Several agencies located in one place in order to serve an individual's employment or job training needs. The agencies may include representation from WIA, Social Service agencies, California Department of Rehabilitation, EDD, community college counselors, etc. Clients who come to the center should find answers to a wide range of employment related questions.

JOB CORPS

1106 S. Broadway
Los Angeles, CA 90015
(213) 748-0135
(213) 741-5359
<http://www.jobcorps.gov>

Description: Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a job. For eligible youth 16+ years of age Job Corp provides the all-around skills needed to succeed in a career and in life. For those interested in joining, call (800) 733-5627 for more information.

Family Planning/Pregnancy/STDs Resources

AIDS HEALTHCARE FOUNDATION

1300 N. Vermont Ave., Ste 407
Los Angeles, CA 90027
(323) 662-0492
(323) 662-0196 Fax

Description: Services to maximize health & well being at all stages of HIV. Patients receive primary care from bilingual professionals. Access to full inpatient & outpatient facilities. AHF Patients only may call (800) 797-1717. Spanish spoken.

ALTAMED HEALTH SERVICES CORP

Daniel Lara HIV Clinic
5427 E. Whittier Blvd.
Los Angeles, CA 90022
(323) 869-1900
(323) 869-5362 Fax

Description: Free medical and social services provided to those living with HIV or AIDS. Provides confidential testing & treatment, mental health, in home supportive services, food vouchers, prevention, education, housing & community outreach.

COVENANT HOUSE CALIFORNIA

1325 N. Western Avenue
(323) 461-3131
(323) 957-2464 Fax

<http://www.covenanthousecalifornia.org>

Description: 82 bed crisis shelter and transitional program for youth. Shelter, HIV/AIDS education & counseling, van outreach, case management, health services, mental health services, substance abuse counseling & employment assistance. Spanish spoken.

THE SABAN FREE CLINIC

HIV Testing & Counseling Services
8405 Beverly Blvd
Los Angeles, CA 90048
(323) 653-1990
(323) 658-6773 Fax

<http://www.thesabanfreeclinic.org/>

Description: Referrals, anonymous oral HIV testing with pre-and-post-test.

Family Planning/Pregnancy/STDs Resources

NECESSITIES OF LIFE/FOOD BANK

611 S. Kingsley Dr.
Los Angeles, CA 90005
(213) 201-1586

Description: Groceries provided to low income individuals living with HIV/AIDS. Also offer hygienic products, cleaning supplies, and one-on-one nutrition counseling. Accepts referrals from other AIDS services providers. Spanish spoken.

CHILDREN'S HOSPITAL L.A DIVISION OF ADOLESCENT MEDICAL

5000 Sunset Blvd., 4th Flr
Los Angeles, CA 90005
(323) 361-2390
(323) 913-3614 Fax

<http://www.chla.org/site/c.ipINKTOAJsG/b.3750929/>

Description: Adolescent services include free comprehensive healthcare for youth ages 12-23 yrs living with HIV, case management, individuals & group counseling, nutritional assessment, health education, transportation assistance, clinical trials, outpatient psychiatric services. Risk Reduction Program provides HIV counseling, testing and prevention services targeting young women & young men with same sex partners. The Transgender Harm Reduction Program provides prevention case management, mental health services, hormone treatment for transgender youth.

FAMILY PLANNING CLINIC

[Ruth Temple Health Center](#)

3834 S. Western Ave.
Los Angeles, CA 90062
(323) 730-1920
(323) 295-6577 Fax

Description: Primary healthcare, AIDS/STD testing. Spanish spoken.

CLEAN NEEDLES NOW

626 N. Alvarado St.
Los Angeles, CA 90026
(213) 483-5846

<http://www.cleaneedlesnow.org>

Description: Clean needles exchange services provided to HIV drug users at various locations throughout the County. Treatment referrals, medical care, legal advocacy.

Family Planning/Pregnancy/STDs Resources

AIDS PROJECT L.A./RESIDENTIAL

Community Housing Info & Referrals Program

3550 Wilshire Blvd., Ste 300

Los Angeles, CA 90010

(213) 201-1340

(213) 201-1598 Fax

<http://www.apla.org>

Description: Information provided to persons living with HIV/AIDS and their families & to HIV/AIDS service providers assisting their clients in accessing housing. The program offer referrals to an array of housing related services & housing options in L.A. County, including housing, apt listings, emergency shelters, transitional housing, residential programs, emergency housing & meal voucher programs, rental assistance programs, voicemail box services, prepaid phone cards,. Spanish spoken.

HEMOPHILIA FOUNDATION OF SO CALIF

6720 Melrose Ave.

Hollywood, CA 90028

(323) 525-0440

(323) 525-0445

<http://www.hemosocal.org>

Description: Info & referral services related to hemophilia, HIV/AIDS and hepatitis C, summer camp, youth program, adult support programs, emergency financial assistance, medic alert sponsorship, scholarships, information seminars, family retreats, holiday parties, and counseling referrals.

FAMILY PLANNING ASSOCIATES MEDICAL GROUP

372 W. Arden Ave., Ste 200

Glendale CA, 91203

(818) 502-1341

(818) 502-9191 Fax

<http://www.fpamg.net>

Description: Presumptive eligibility screening. Early pregnancy testing. The Morning-After Pill, birth control, gynecological exam, information on methods, surgical, and non-surgical abortion, first trimester, dilation/curettage, general or local anesthesia, second trimester, dilation and extraction. Sterilization by tubal cauterization. Spanish, Korean, Armenian, Russian, Chinese, Tagalog, Vietnamese, Hmong spoken.

Family Planning/Pregnancy/STDs Resources

NORTHEAST COMMUNITY CLINIC

5428 N. Figueroa St.
Los Angeles, CA 90042
(323) 256-3884
(323) 258-6307 Fax

<http://www.neccmed.org/>

Description: Family planning, birth control, free pregnancy testing & counseling, confidential HIV testing, STD clinic, pediatrics, well baby exams, WIC, free immunizations, CHDP, school & sports physicals, child illness, OB care, Medi-Cal eligibility worker on site; general medicine, diabetic screening, TB screening, mammograms, ultrasounds, nutritionist, tattoo removal program, call for orientation. Spanish spoken.

MARCH OF DIMES BIRTH DEFECTS FOUNDATION

So. Cal Chapter Programs Svcs
3699 Wilshire Blvd., Ste 520
Los Angeles, CA 90010-2719
(213) 637-5050
(213) 637-5055 Fax

<http://www.marchofdimes.com>

Description: Goal is to improve the health of babies by preventing birth defects, premature births and infant mortality. Supports campaign for healthier babies, programs of research, community services, education and advocacy. Grants, information & referrals, speaker's bureau, visiting professorship in nursing, worksite programs including Babies and You. Spanish spoken.

AVENUES PREGNANCY CLINIC

1911 W. Glenoaks Blvd., Ste A
Glendale, CA 91201
(818) 843-0424
(818) 843-0495 Fax

<http://www.avenuespregnancyclinic.com>

Description: Pregnancy testing, ultra sounds, family planning options and information. Spanish spoken

Family Planning/Pregnancy/STDs Resources

PLANNED PARENTHOOD OF PASADENA AND SAN GABRIEL VALLEY, INC.

Pasadena Health Center

1045 N. Lake Ave.

Pasadena, CA 91104

(626) 798-0706

(626) 794-2583 Fax

<http://www.plannedparenthood.org>

Description: Reproductive health care clinic. Pregnancy testing & counseling, educational programs, Pap smears, STD testing & treatment, cancer screening, and birth control. Spanish spoken.

Financial/Budgets/Emergency Funds Resources

COMMUNITY ENHANCEMENT SERVICES

Weatherization Department
16743 Schoenborn Street
North Hills, CA 91343
(818) 895-8529
(818) 894-1329 Fax
<http://www.cesinla.com>

Description: Energy conservation HEAP & weatherization programs designed for disabled, elderly and low income. Water conservation program provides free ultra flow toilets to eligible residential customers. Furnace repair & replacement program.

L.A. COUNTY CHILD SUPPORT SERVICES

Bureau of Family Support Division I
15531 Ventura Blvd.
Encino, CA 91463
(866) 901-3212
<http://childsupport.co.la.ca.us>

Description: Establishes paternity and child support order, collect child & spousal payments, and modify orders and provide medical enforcement services. This office serves San Fernando Valley, Antelope Valley, Glendale, Burbank, West Los Angeles, Santa Monica, Venice. Spanish spoken.

LIFE SERVICES INC.

1111 N. Brand Blvd., Ste K
Glendale, CA 91202
(818) 547-0585
(818) 547-1093 Fax

Description: Complete personalized care encompassing medical, financial, social, spiritual, and psychiatric needs for seniors 60+ yrs. Services include: life care planning, personalized care, professional conservatorship (a guardian), trust management, estate administration & referrals. Chinese & Spanish spoken.

Financial/Budgets/Emergency Funds Resources

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES/GLENDALE

Glendale District
4680 San Fernando Rd.
Glendale, CA 91204
(818) 546-6100
(818) 546-1244 Fax
<http://dpss.lacounty.gov>

Description: Administers CalWORKS, TANF, Medi-Cal, GR, food stamps, Refugee Assistance. Walk-in or call for appointment.

JEWISH FREE LOAN ASSOCIATION

6505 Wilshire Blvd., Ste 715
Los Angeles, CA 90048
(323) 761-8830
(323) 761-8841
<http://www.jfla.org>

Description: Offers interest-free loans on a non-sectarian basis to individuals and families whose needs are urgent and who may not qualify through normal financial resources. Interest-free loan fill an important gap in our social system by promoting dignity and self-sufficiency.

OPERATION HOPE, INC.

707 Wilshire Blvd., Ste 3030
Los Angeles, CA 90017
(213) 891-2900
(213) 489-7511
<http://www.operationhope.org>

Description: Self-help organization. Promotes economic self-sufficiency within inner city communities. Banking On Our Future Program teaches students how banking, investments & credit works. Also home ownership program, credit counseling, banking centers.

Financial/Budgets/Emergency Funds Resources

LOS ANGELES COUNTY ALIMONY CHILD SUPPORT

Los Angeles County District Attorney
210 W. Temple Street
Los Angeles, CA 90012
(866) 901-3212

LABOR COMMUNITY SERVICES FOOD/EMERGENCY PROGRAM

2130 W. James Woods Blvd., Ste 103
Los Angeles, CA 90006
(213) 427-9044
(213) 427-0056 Fax

Description: Information & referral for a wide range of issues. Direct services for: food, shelter, utility payments and other emergency assistance to people in need. Limited financial assistance. Spanish spoken

SOCIAL SECURITY ADMINISTRATION

Glendale District
710 S. Central Ave., Ste 320
Glendale, CA 91204
(818) 549-0403
(800) 772-1213 National Hotline

<http://www.socialsecurity.gov>

Description: Information on Social Security, SSI benefits, SS cards, Medicare benefits & sign-up, survivor and burial benefits. Armenian, Italian, Spanish, Vietnamese, Chinese, Tagalog spoken.

Health Care/Medical Resources

AIDS FOUNDATION (AFA)

8235 Santa Monica Blvd., Ste 200
West Hollywood, CA 90046
(323) 656-1107
(323) 650-4323 Fax

<http://www.aidforaids.org>

Description: Assist individuals living with HIV/AIDS with food, rental assistance, utility bill payments, etc.

AMERICAN HEART ASSOCIATION

816 S. Figueroa
Los Angeles, CA 90017
(213) 291-7000
(800) 242-8721

<http://www.americanheart.org>

Description: Programs & information about disease prevention and stroke, rehabilitation, treatment and community resources.

AMERICAN RED CROSS

Glendale/Crescenta Valley Chapter
1501 S. Brand Blvd
Glendale, CA 91204
(818) 243-3121

info@arcglendale.org

Description: Disaster relief, First Aid, CPR, safety courses including disaster preparedness.

ASTHMA & ALLERGY FOUNDATION OF AMERICA

5900 Wilshire Blvd., Ste 710
Los Angeles, CA 90036
(323) 937-7859/(800) 624-0044
(323) 937-7815 Fax

<http://www.aafa-ca.org>

Description: Dedicated to controlling asthma and allergic diseases.

VERDUGO HILLS HOSPITAL

1812 Verdugo Blvd.
Glendale, CA 91208
(818) 790-7100

<http://www.verdugohillshospital.com>

Health Care/Medical Resources

ALZHEIMER'S ASSOCIATION

5900 Wilshire Blvd., Ste 1100
Los Angeles, CA 90036
(323) 938-3379/ (800) 272-3900
<http://www.alzinfo.org>

Description: Information about disease and related disorders. Referrals to Adult Day Care, diagnostic centers, support groups, legal services, case management, home health agencies, physicians, nursing homes, etc. Education for community 24 hour Helpline.

AMERICAN LUNG ASSOCIATION

Los Angeles Office
3325 Wilshire Blvd., Ste 900
Los Angeles, CA 90010
(213) 384-5864
(866) 881-7865 Fax
<http://www.lungusa.org>

Description: Information & referral services, education for professional and community, respiratory support groups.

ARROYO VISTA FAMILY HEALTH CENTER

6000 N. Figueroa St.
Los Angeles, CA 90042
(323) 254-5291
(323) 254-4618 Fax

Description: Primary health care services: medical, dental, optometry, lab, x-ray, pharmacy, mammograms, prenatal care, prenatal care, pediatrics, adult medicine & podiatry. Medicare, Medi-Cal, sliding fee scale.

AIDS SERVICE CENTER (ASC)

900 S. Fair Oaks Ave.
Pasadena, CA 91105
(626) 441-8495
(626) 441-5004 Fax
<http://www.aidservicecenter.org>

Description: Benefits advocacy, treatment adherence, transportation, mental health services, food pantry, case management, housing legal services, short-term rent/mortgage & utility assistance and permanent housing.

Health Care/Medical Resources

AMERICAN CANCER SOCIETY

San Gabriel Valley Unit
50 N. Hill Avenue, Ste 200
Pasadena, CA 91106
(626) 795-7774/(800) 227-2345

<http://www.cancer.org>

Description: Guidance, information & referrals for patients and families, support groups, medical equipment loans, transport to treatments, volunteer programs. Education prevention and risk reduction including nutrition, breast, colorectal, lung, prostate, and cervical health cancer. Tobacco education. Spanish, Korean spoken.

AMERICAN PARKINSON DISEASE ASSOCIATION

10850 Wilshire Blvd., Ste 230
Los Angeles, CA 90024
(800) 908-2732

<http://www.apdaparkinson.org>

Description: Information, support and medical referrals to patients, families and caregivers.

BILL MOORE COMMUNITY HEALTH CLINIC

URDC Human Services Corporation
1460 N. Lake Ave., Ste 107
Pasadena, CA 91104
(626) 398-3796
(626) 398-3895 Fax

<http://www.usnodrugs.com/California/Pasadena-drug-rehab-treatment-centers-directory>

Description: Provides free & low-cost health care to low income families, adults, children and seniors. Services include immunizations, TB testing, STD Testing & treatment, WIC services. Community Health education to promote disease prevention.

CONVALESCENT AID SOCIETY

3255 E. Foothill Blvd.
Pasadena, CA 91107
(626) 793-1696
(626) 793-9706 Fax

<http://www.cas1.org>

Description: Medical equipment loaned to people of all ages for in-home use.

Health Care/Medical Resources

CANCER CONTROL SOCIETY

Alternative Theapies

2043 N. Berendo St.

Los Angeles, CA 90027

<http://www.cancercontrolsociety.com>

Description: Hotline for those seeking information on alternative therapies for cancer, AIDS, arthritis, diabetes, heart disease and Multiple Sclerosis.

GLENDALE ADVENTIST MEDICAL CENTER

1509 Wilson Terrace

Glendale, CA 91206

(818) 409-8000

<http://www.glendaleadventist.com>

Description: General health and counseling and education.

GLENDALE HEALTHY KIDS

223 N. Jackson , Rm 107

Glendale, CA 91206

(818) 548-7931

Description: Provides access to medical, dental and mental healthcare for low-income and underinsured. This includes sports physicals and vision exams. Education in childhood asthma, diabetes, and obesity is provided to parents and care givers of children.

CENTRAL HEARING CENTER

633 N. Central Ave., Ste 106

Glendale, CA 91203

(818) 247-1234

(818) 247- 4203 Fax

Description: Under the direction of Thomas Higgins, M.A., C.C.C., dedicated to give the professional services required to aid the patient in both the diagnostic and rehabilitation process of hearing health care. Consultations regarding hearing aids and hearing problems are encouraged, all insurance plans covered.

Health Care/Medical Resources

CITY OF HOPE NATIONAL MEDICAL CENTER

1500 E. Duarte Road

Duarte, CA 91010

(626) 256-4673

(626) 301-8462 Fax

<http://www.cityofhope.org>

Description: Comprehensive Cancer Center designated by the National Cancer Institute which works to find the causes of and cures for cancer and other life-threatening diseases, including diabetes and HIV/AIDS. Provides state-of-the-art patient care and conducts leading-edge research on broader areas of genetics, gene therapy, immunology and neuroscience. Spanish spoken.

GLENDALE ADVENTIST/EDUCATION

Women & Children Support Group

1509 Wilson Terrace

Glendale, CA 91206

(818) 409-8100

Fax (818) 545-1870

Description: Heart check, comprehensive cholesterol screening and heart risk screening cost \$8. Lamaze classes, family focus education, infant/toddler safety, maternity orientation, postnatal exercise, baby care basics.

CENTER FOR HEALTH CARE RIGHTS

520 S. Lafayette Park Pl., Ste 214

Los Angeles, CA 90057

(213) 383-4519/(800) 824-0780

(213) 383-4598 Fax

<http://www.cahealthadvocates.org/HICAP/losangeles.html>

Descriptions: Health insurance counseling, education & legal services to L.A. County Medicare eligible beneficiaries.

GLENDALE HEALTH CENTER

County of Los Angeles

501 N. Glendale Ave.

Glendale, CA 91206

(818) 500-5762

(818) 244-5935 Fax

Description: General health and counseling and education, including birth control, communicable disease information, healthy life-style promotion, community resources, referrals to appropriate clinics & agencies.

Health Care/Medical Resources

GLENDALE MEMORIAL HOSPITAL & HEALTH CENTER

1420 S. Central Ave.
Glendale, CA 91204
(818) 502-1900/ (818) 502-2361
<http://www.glendalememorial.com>

GLENDALE HEALTHY START

440 W. Lomita, Bung.39
Glendale, CA 91204
(818) 242-4213
(818) 242-4213 Fax

Description: Maximizes access to services through interagency collaboration and communication, supports and empowers children and families to meet their physical, emotional, social and educational needs, and creates responsive learning environments. Services available include linking to community resources for basic needs, health, academic-educational, family functioning and social services.

PLANNED PARENTHOOD EXPRESS

1578 W. Colorado Blvd.
Eagle Rock, CA 90041
(323) 256-1717/ (626) 794-5737
(323) 256-0026 Fax
<http://www.pppasadena.org>

Description: Provides reproductive health care, education, and family planning services to Northern San Gabriel Valley.

L.A. COUNTY HEALTH CARE HOTLINE

1000 S. Fremont Ave, Bldg.A9, East 2nd Floor
Alhambra, CA 91803
(800) 475-5550
<http://www.ladhs.org>

Description: Call for information on general relief and Community Health Care Plan for L.A. County residents who are on Medi-Cal.

Health Care/Medical Resources

MAKE-A-WISH FOUNDATION

1875 Century Park East, Ste 950
Los Angeles, CA 90067
(310) 788-9474/(800) 322-9474
(310) 785-9474 Fax

<http://www.wish.org>

Description: Volunteer opportunities dedicated to granting the wishes of children between the ages of 2 ½ to 18 yrs of age with a life threatening illness.

NORTHEAST COMMUNITY CLINIC

5428 N. Figueroa Street
Los Angeles, CA 90042
(323) 256-3884
(323) 258-6307 Fax

<http://www.neccmed.org/>

Description: Family planning, birth control, free pregnancy testing & counseling, confidential HIV testing, STD clinic, pediatrics, well baby exams, WIC, free immunizations, CHDP, school & sports physicals, child illness, prenatal, complete OB care, Medi-Cal eligibility worker on site; general medicine, diabetic screening, TB screening, mamograms, ultrasounds, nutritionist, Tattoo removal program. Call for orientation. Spanish spoken.

STARLIGHT STARBRIGHT CHILDRENS FOUNDATION

5757 Whittier Blvd., Ste. M100
Los Angeles, CA 90036
(310) 479-1212/(800) 315-2580
(310) 479-1235

<http://www.starlight.org>

Description: Community support group & resources to patients, parents & healthcare professional understand specific diseases and various related procedures.

Health Care/Medical Resources

STROKE ASSOCIATION OF SOUTHERN CALIFORNIA

2125 Arizona Ave., Ste 205

Santa Monica, CA 90404

(310) 575-1699

(310) 575-1696 Fax

<http://www.strokesocal.org>

Description: Support groups for stroke survivors and caregivers, phone helpline, home & hospital visitations, information & referral, literature available, volunteers needed.

High Risk Youth Program Resources

BREAK THE CYCLE

5777 W. Century Blvd., Ste 1150

Los Angeles, CA 90045

(310) 286-3366

(310) 286-3386 Fax

<http://www.brakthecycle.org>

Description: Preventative education, free legal services, advocacy & support on issues of dating & domestic violence. Spanish spoken.

OPTOMIST YOUTH HOMES AND FAMILY SERVICES

6957 N. Figueroa

Los Angeles, CA 90041

(877) 749-6884

<http://www.oyhfs.org>

Description: 24 hr residential mental health treatment services for male adolescents ages 12-18 yrs. Main campus in Highland Park. Seven group homes in L.A., Orange & San Bernadino Counties. Non-public school, foster family agency and adoptions programs, mental health services. Aftercare programs. Referrals through the courts. Limited private placements. Accredited by the Council on Accreditation. Spanish, Vietnamese, and Farsi spoken. Call for bed availability.

ASSISTANCE LEAGUE OF GLENDALE

314 E. Harvard Street

Glendale, CA 91205

(818) 247-4296

<http://www.alglendale.org>

Description: Operational School Bell (clothing for needy children in Glendale School District). Health kits, books, scholarships, Saturday seminars, Senior Neighborhood Fellowship, GlenAmies (for babies, children & women in crisis, baby bundles, comfort backpacks). Spanish spoken.

LOS ANGELES CONSERVATION CORPS

Afterschool Programs/Tutoring & Mentoring

605 W. Olympic Blvd., Ste 450

Los Angeles, CA 90015

(213) 362-9000

(213) 362-7957 Fax

<http://www.lacorps.org>

Description: Program fosters education experience among students K-8th grades. In-class & pull out tutoring, afterschool & intercession education, enrichment activities.

High Risk Youth Program Resources

ROSEMARY CHILDREN'S SERVICES

3244 E. Green Street
Pasadena, CA 91107
(626) 795-7218
(626) 449-9128 Fax

<http://www.rosemarychildren.org/>

Description: Residential treatment & independent living programs (teens), treatment foster care (infants-17 years), includes individual, group family counseling. Short-term emergency care, non-public school on-site, family reunification, substance abuse program. Serves abused children and wards of the court. Accepts emotionally disturbed children. Referrals by Children's Services & Probation Departments. Spanish spoke

BIG BROTHERS, BIG SISTERS OF GREATER L.A.

3300 W. Temple St.
Los Angeles, CA 90026
(213) 481-3611/(800) 207-7567

Description: Mentorship program serving all of L.A. County.

CASA LIBRE/FREEDOM HOUSE

845 S. Lake Street
Los Angeles, CA 90057
(213) 388-8693
(213) 386-9484 Fax

<http://www.casa-libre.org>

Description: 14 bed shelter to homeless minority youth, including immigrant & refugee youth. Spanish spoken.

ASSISTANCE LEAGUE OF FLINTRIDGE

4607 Oakwood Ave.
La Canada Flintridge, CA 91011
(818) 790-1328
(818) 790-2219 Fax

<http://www.alflintridge.org>

Description: Senior workshops, preparation for college applications. After school summer drama workshops for students, fine arts academy, music program, youth employment services. Stuffed bears for seniors or children who have had a traumatic experience.

High Risk Youth Program Resources

PARENT & TEEN SUPPORT PROGRAM

Daily High School
220 N. Kenwood
Glendale, CA 91026
(800) 367-8336

<http://www.glendalehigh.com>

Description: A Parent and Teen Support Program created to offer each other support and practical solutions to problems. When parents are meeting, the teens attend an ACTION Teen Group. There groups are led by counselors experienced in working with young people. In addition to their weekly support groups, they provide the following services: Individual/Family Therapy, Low-Cost Drug Testing, immediate inpatient and outpatient referrals, emergency, crisis team, crisis intervention, and 24 Hour helpline. Free of charge.

FOOTHILL FAMILY SERVICE

2500 E. Foothill Blvd Suite 300
Pasadena, CA 91107
(626) 564-1613
(626) 564-1651 Fax

<http://www.foothillfamily.org/>

Description: Individual, family and group counseling for families and individuals of all ages. Child abuse treatment, parenting classes, domestic violence treatment groups & service for women, children and teen victims of domestic violence. Family centered program and case management for pregnant and parenting teens, teen pregnancy prevention program.

WE CARE FOR YOUTH

P.O. Box 10399
Glendale, CA 91209
(818) 919-8896
(818) 846-7190 Fax
Bliss Unlimited
Burbank Town Center
201 E. Magnolia Blvd. #20
Burbank, CA 91502

<http://www.wecareforyouth.org>

Description: Mentorship program through the use of employment services, professional career development and character building, life-skills and employment readiness training, & job placement.

High Risk Youth Program Resources

NEW HORIZONS FAMILY CENTER

744 S. Glendale Ave.

Glendale, CA 91205

(818) 545-9848

(818) 545-9901 Fax

<http://www.newhorizonsfamilycenter.org>

Description: Family, individual, couples and child counseling. Domestic violence classes, gang prevention program, juvenile diversion counseling, and parent education classes. Psychological evaluation & testing premises, daycare, afternoon program. Spanish, Armenian & Farsi spoken.

SARGES COMMUNITY BASE, INC.

638 E. Colorado Blvd., Ste. 202

Pasadena, CA 91101

(626) 797-4882

(626) 628-3661 Fax

<http://www.sargescb.org>

Description: Commit to Achieve Youth Boot Camp, specifically designed for youth from ages 7-17 years old. It is an extensive boot camp held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline drills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self development courses, and self-esteem building blocks and a host of business professional guest speakers.

Homeless Resources and Programs

A COMMUNITY OF FRIENDS

3345 Wilshire Blvd., Ste 1000

Los Angeles, CA 90010

(213) 480-0809

(213) 480 1788 Fax

<http://www.acof.org>

Description: Permanent affordable housing to homeless & mentally ill adults, and other special need populations. Some family units available. On-site residential service coordinators provide case management , advocacy & assistance with independing living skills to residents. Housing units located throughout L.A. Referrals are only accepted from service providers or case managers, client self-referrals not accepted. Referrals for vocational training, psychiliatric services.

FAMILY TOGETHER

Union Rescue Mission

545 S. San Pedro Street

Los Angeles, CA 90013

(213) 347-6300

<http://www.urm.org>

Description: Long-term Christian based transitional program. Single parents with children welcome. Address of program is confidential; above address is for administration. Call for information on space availability.

HOMES FOR LIFE FOUNDATION

8939 S. Sepulveda Blvd., Ste 460

Los Angeles, CA 90045

(310) 337-7417

(310) 337-7413 Fax

<http://www.homesforlife.org>

Description: Housing & support for adults with mental disorders. Case management resident services coodinators. Sites located throughout L.A. County.

ANGEL'S FLIGHT/SHELTER

Catholic Charities

357 S. Westlake Ave.

Los Angeles, CA 90057

(213) 413-2311

(213) 413-5690 Fax

<http://www.catholiccharitiesla.org>

Description: Angel's Flight is a licensed emergecny shelter for runaway and homeless youth. Offers food, clothing, individual family and group therapy, school music, art, drama, recreation programs, medical and dental care through community clinics, aftercare services. Youth can stay up to 21 days with longer stays if necessary. Spanish spoken.

Homeless Resources and Programs

GOOD SHEPHERD CTR/HOMELESS WOMAN

Catholic Charities/Hawkes Transit Residence

1621 Beverly Blvd.

Los Angeles, CA 90026

(213) 235-1460

(213) 235-1480 Fax

<http://www.gshomeless.org>

Description: Transitional residence for homeless women preparing to re-enter the mainstream, job training, counseling, referrals. Spanish & Vietnamese spoken.

HOUSE OF RUTH/LA

P.O. Box 33288

Los Angeles, CA 90033

(323) 266-4139

(323) 265-3945 Fax

Description: 24 bed shelter for homeless women with children (boys up to age 10). Maximum stay is 8 months. Spanish spoken.

COVENANT HOUSE CALIFORNIA

1325 N. Western Ave.

Hollywood, CA 90027

(323) 461-3131

(323) 957-2464 Fax

<http://www.covenanthouse.org>

Description: 82 bed crisis shelter and transitional living program for youth. Shelter, HIV/AIDS education & counseling, van outreach, case management, health services, mental health services, substance abuse counseling & employment assistance. Spanish spoken.

GRAMERCY PLACE SHELTER

Jewish Family Services

6505 Wilshire Blvd., Ste 500

Los Angeles, CA 90048

(213) 387-0171

(213) 387-8850 Fax

<http://www.jfsla.org>

Description: Shelter and social services for 6 months to homeless families. No self referrals. Must be referred by a caseworker. Spanish spoken.

Homeless Resources and Programs

JOVENES, INC./LA POSADA

Homeless Youth Access Ctr.

1208 Pleasant Ave.

Los Angeles, CA 90033

(323) 260-8035

(323) 260-8036 Fax

Description: 7 bed shelter for single men 18-24 yrs. Stay up to 90 days. Info and referral, counseling, art awareness, case management, transportation, meals, clothing, & immigration orientation. Transitional housing stay is up to 18 months. Walk-in center. Spanish spoken.

L.A. HOMELESS SERVICES AUTHORITY

Winter Shelter Program

453 S. Spring Street, 12th Floor

Los Angeles, CA 90013

(800) 548-6047 Hotline

(213) 683-3333

(213) 533-8438 TTY (For hearing impaired)

(213) 892-0093 Fax

<http://www.lahsa.org>

Description: During cold months of year, provides locations and pick-up points for shelter. Spanish spoken.

LOS ANGELES YOUTH NETWORK

1550 N. Gower Street

Los Angeles, CA 90028

(323) 957-7757

<http://www.layn.org>

Description: Shelter/drop-in program, outreach for youth, food, placement & referrals. Serves ages 12-17 years for a maximum 3 months.

PATH ACHIEVE GLENDALE

Access Center

437 Fernando Ct.

Glendale, CA 91204

(818) 246-7900

(818) 246-2858 Fax

Description: A one-stop shop for services for homeless individuals and families. Access Center for specialized care for addiction recovery, mental health, veterans services, employment assistance and housing resources. Case management, emergency shelter, & information and referrals. 40 bed case managed emergency shelter.

Homeless Resources and Programs

SALVATION ARMY

Glendale Corps & Social Services

320 W. Windsor Rd.

Glendale, CA 91204

(818) 246-5586

(818) 246-2419 Fax

<http://www.glendalecorps.org>

Description: Emergency food, transitional shelter & clothing. Utility payment assistance when funds are available. Walk-in or call. Spanish spoken.

LAMP COMMUNITY/VILLAGE

527 S. Croker Street

Los Angeles, CA 90013

(213) 488-9559

(213) 683-0969 Fax

<http://www.lampcommunity.org>

Description: 47 bed transitional residential facility for the seriously mentally ill, age 18+ years. No limit on stay. Also recovery program for dual diagnosis including case management.

MJB TRANSITIONAL RECOVERY, INC.

11152 S. Main St.

Los Angeles, CA 90061

(323) 777-2491

(323) 777-0426 Fax

Description: Outpatient program for adults age 18+ yrs. Alcohol & drug treatment. 12-Step support groups, HIV/AIDS testing, individual & group counseling, prevention & education. Also emergency shelter for homeless single adult men & women. Spanish spoken.

PEOPLE ASSISTING THE HOMELESS

Transitional Housing & Access Center

340 N. Madison Ave

Los Angeles, CA 90004

(323) 644-2216

(323) 644-2288 Fax

Description: Transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services & facilities geared to individual needs. Access program provides initial intake, needs assessment & referral services.

Homeless Resources and Programs

THE SABAN FREE CLINIC

Mental Health & Social Services

8405 Beverly Blvd.

Los Angeles, CA 90048

(323) 653-8622

(323) 658-6773 Fax

<http://www.thesabanfreeclinic.org>

Description: Case management, information & social services referrals. Free medical and dental services offered to the public. Shower facilities and clothing shower hrs: M-T 8am-3pm. Crisis intervention counseling up to a maximum of 6 visits. Call or walk in for screening.

NEW DIRECTIONS, INC.

Regional Opportunity Center

Homeless Veterans

11303 Wilshire Blvd., Bldg 116

Los Angeles, CA 90073

(310) 914-4045

(310) 914-5495 Fax

<http://www.newdirections.org>

Description: 156 bed residential program for chemically dependent homeless male veterans. Detox 24 bed social model, also methadone and benzodiazepine detox in coordination with other VA clinics, dual-diagnosis, homeless, criminal justice system referral with no serious medical conditions requiring surgery. 6 mos intensive, 6 month vocational rehabilitation. Vocational training, legal services, education (GED), family reunification services, parenting & anger management, aftercare, money management, etc. Dual-diagnosis program (mild dual-diagnosis) with 43 beds for male veterans.

PUBLIC COUNSEL

Homelessness Prevention Law Project

610 S. Ardmore

Los Angeles, CA 90005

(213) 385-2977

(213) 385-9089 Fax

<http://www.publiccounsel.org>

Description: Public Counsel provides representation to over 15,000 homeless individuals & families before administraton agencies to secure shelter, clothing, food and other vital benefits. Also provides direct legal services to the growing homeless and at-risk youth population, and acts as a resource to service providers working with such homeless youth. Project is sponsored by L.A. County and Beverly Hills Bar Association. Spanish spoken.

Homeless Resources and Programs

SHELTER PARTNERSHIP, INC.

523 W. 6th Street, Ste 616

Los Angeles, CA 90014

(213) 688-2188

(213) 689-3188 Fax

<http://www.shelterpartnership.org>

Description: Technical assistance to shelters & groups interested in developing emergency, transitional & permanent housing and resources to the homeless of L.A. County.

Distribution of donated products (non food) to non profit agencies providing free shelter to the homeless through Shelter Resource Bank. Public policy support to government agencies, foundations, etc. Also statistics & general information on homelessness. Spanish spoken.

SKID ROW HOUSING TRUST

1317 E. 7th Street

Los Angeles, CA 90021

(213) 683-0522

(213) 683-0781 Fax

<http://www.skidrow.org>

Description: Low income permanent housing in 18 Single Residence Occupancy hotels, targeting single men and woman especially those with special needs (HIV, mental illness, substance abuse, dual-diagnosis). Some units require participation in case management, some are Section 8, GR or Market Rate and services are available but not required. Other services include needs assessment, support groups for substance abuse recovery. HIV education, benefits advocacy, job readiness. Spanish spoken.

Housing Assistance Resources

ALTERNATIVES FOR SENIORS

(888) 533-4636

<http://www.alternativesforseniors.com>

Description: Information specialists committed to helping families based on their personal needs, find appropriate level of care and planning on future housing/placement moves.

MARTEL PARK

Thomas Safran & Associates

925 N. Martel Ave.

Los Angeles, CA 90046

(323) 874-7999

Description: Rental housing for seniors, Section 8, low income, ages 62+ yrs. Call for waiting list status.

CITY OF GLENDALE COMMUNITY DEVELOPMENT & HOUSING

Senior Housing Projects

141 N. Glendale Ave., Ste 202

Glendale, CA 91206

(818) 548-3936

Description: Affordable housing projects for seniors subject to waiting list. Visit or call for current list of these developments.

L.A. FAMILY HOUSING

7843 Lankershim Blvd.

North Hollywood, CA 91605

(818) 982-4091

(818) 982-3895 Fax

<http://www.lafh.org>

Description: Helps homeless families and individuals rebuild their lives through a system of temporary shelter, affordable housing development and comprehensive social services.

COMMUNITY ARMS

169 E. Orange Grove Blvd.

Pasadena, CA 91103

(626) 796-8196

(626) 796-4181 Fax

Description: Affordable rental multi-family (Section 8), seniors 62+ years. Call to confirm waiting list status.

Housing Assistance Resources

AIDS SERVICE CENTER (ASC)

909 S. Fair Oaks Ave.
Pasadena, CA 91105
(626) 441-8495
(626) 441-5004 Fax

<http://www.aidservicecenter.org>

Description: Benefits advocacy, treatment adherence, transportation, mental health services, food pantry, case management, housing legal services, short-term rent/mortgage & utility assistance and permanent housing.

BET TZEDEK LEGAL SERVICES

145 S. Fairfax., Ste 200
Los Angeles, CA 90036
(323) 939-0506

<http://www.betzedeck.org>

Description: Hebrew for “House of Justice” provides free legal assistance to all eligible needy residents throughout Los Angeles County, regardless of their racial, religious or ethnic background. Legal assistance includes Landlord-Tenant issues, Nursing Home problems, Long-term Care issues, Conservatorships, Guardianships, Veteran’s Benefits, Home Equity Fraud/Home Improvement Fraud, Substandard Housing Conditions, as well as other broad range of legal issues.

GLENDALE HOUSING AUTHORITY

HUD Section 8 Rental Vouchers
141 N. Glendale Ave., Ste 202
Glendale, CA 91206
(818) 548-3936

Description: Rental assistance & home ownership for low income families, elderly, disabled & handicapped. Section 8 vouchers, waiting list subject to closure, currently closed for new applicants.

LIFERAP LOW-INCOME FAMILY EMPLOYMENT & RENTAL ASSISTANCE PROGRAM

141 N. Glendale Ave.
Glendale, CA 91206
(818) 409-0476

Description: Provide vocational case management to low income household willing to commit and participate in training and/or educational programs to enhance job opportunities and family’s well being.

Housing Assistance Resources

HOUSING RIGHTS CENTER

1020 N. Fair Oaks Ave.

Pasadena, CA 91103

(626) 791-0211

(626) 398-8155 Fax

<http://www.hrc-la.org>

Description: Provides a wide array of programs and services to its clients free of charge. Investigates allegations of housing discrimination. Case resolution include mediation, conciliation, a referral to State and Federal Admin. Agencies, or HRC Litigation Dept. Outreach & education, landlord/tenant counseling, advocacy available in Spanish, Mandarin, Armenian, Russian, Cantonese, and English.

MENORAH TERRACE

Menorah Housing Foundation

1618 Cother

Los Angeles, CA 90025

(323) 850-1225

Description: Rental housing for seniors, Section 202, low income, age 62+ yrs.

SUNSET-NORMANDIE TOWERS

SK Management Company

1428 N. Normandie Ave.

Los Angeles, CA 90027

(323) 930-2300

Description: Affordable rental housing for seniors (Section 8), call for waiting list. Low income

SWANSEA PARK APARTMENTS

1015 N. Kingsley Drive

Los Angeles, CA 90029

(323) 666-4313

Description: Affordable rental housing for seniors (Project Section 8) low income. 2 to 5 year waiting list. Call for status on waiting list.

IVY GLEN APTS

113 N. Cedar Street

Glendale, CA 91206-4453

(818) 241-3888

<http://www.abilityfirst.org>

Description: Affordable rental housing for disabled. Call for more information and waiting list.

Housing Assistance Resources

NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY

1104 E. Chevy Chase
Glendale, CA 91205
(800) 433-6251
<http://www.nls-la.org>

Description: Provides free legal services to low income such as housing, immigration, labor, consumer, family, and government benefits ie: food stamps, Social Security, Medicate, Medi-Cal related health care.

NEW LIFESTYLES GUIDE

4144 North Central Expressway, Ste 1000
Dallas, TX 75204
(800) 869-9549
<http://www.newlifestyles.com>

Description: Provides free directories of senior housing and care options including retirement communities , assisted living, residential care, Alzheimer's/Dementia care, SNF, home care, Hospice, etc

BROADVIEW RESIDENTIAL CARE CENTER

535 W. Broadway
Glendale, CA 91204
(818) 246-4951

Description: Assisted living housing for adults with disabilities.

HAMILTON HOUSE

739 W. Glenoaks Blvd
Glendale, CA 91202
(818) 502-9188

Description: Assisted living housing for adults with disabilities.

EMERALD CITY ASSISTED LIVING

205 E. Los Feliz
Glendale, CA 91205
(818) 502-9188

Description: Assisted living housing for adults with disabilities.

KIRKWOOD OF GLENDALE

917 N. Louise St.
Glendale, CA 91207
(818) 291-9220

Description: Assisted living housing for adults with disabilities.

Housing Assistance Resources

EMERITUS OF CASA GLENDALE

426 Piedmont Ave.
Glendale, CA 91206
(818) 246-7457

<http://www.emeritus.com>

Description: Assisted living housing for adults with disabilities.

LEISURE VALE RETIREMENT HOTEL

413 E. Cypress St.
Glendale, CA 91204
(818) 244-2323

Description: Assisted living housing for seniors.

GLEN PARK EAST

1250 S. Boynton St.
Glendale, CA 91205
(818) 246-9000

<http://www.glenpark-al.com>

Description: Assisted living housing for adults with disabilities.

VICTOR ROYALE ADULT RESIDENTIAL LIVING

120 E. Laurel St.
Glendale, CA 91205
(818) 243-7442

Description: Assisted living housing for adults with disabilities and seniors.

GLEN PARK WEST

1220 Mariposa St.
Glendale, CA 91205
(818) 246-9000

<http://www.glenpark-al.com>

Description: Assisted living housing for adults with disabilities.

WINDSOR MANOR

1230 E. Windsor Rd.
Glendale, CA 91205
(818) 244-7219

<http://www.windsormanorscph.com>

Description: Assisted housing for seniors needing independent living, assisted living and skill nursing for seniors 62+ yrs.

Immigration Services Resources

BUREAU OF CITIZENSHIP & IMMIGRATION SERVICES

(800) 375-5283

<http://www.uscis.gov>

Description: Provides automated forms, request line.

CATHOLIC CHARITIES GLENDALE COMMUNITY CENTER

4322 San Fernando Road

Glendale, CA 91402

(818) 409-3080

<http://www.catholiccharitiesla.org/what-we-do/strengthen-communities/123-community-centers.html>

Description: Provides Immigration Services to assist clients to apply and complete citizenship process.

NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY

1104 E. Chevy Chase

Glendale, CA 91205

(800) 433-6251

<http://www.nls-la.org>

Description: Provides free legal services to low income such as housing, immigration, labor, consumer, family and government benefits ie: food stamps, Social Security, Medicare, Medi-Cal related health care.

INTERNATIONAL RESCUE COMMITTEE

425 E. Colorado Blvd., Suite 550

Glendale, CA 91205

(818) 550-6220

(818) 550-6277 Fax

<http://www.theIRC.org>

Description: IRC LA focuses on the immediate needs of refugees and asylees. IRC provide intensive case management services, job placement, financial literacy, immigration services, referrals to mainstream service providers and other support needed to help refugees achieve early self-sufficiency. Arabic, Armenian, Bosnian, Farsi, French, Russian and Spanish spoken.

Legal Assistance Services Resources

HOUSING RIGHTS CENTER

Fair Housing Services
520 S. Virgil Ave., Ste 400
Los Angeles, CA 90020
(213) 387-8400
(213) 381-8555 Fax
<http://www.hrc-la.org>

Description: Information & counseling regarding landlord & tenant issues. Investigates housing discrimination complaints. Offers monthly vacancy listings. Fair housing counseling and educational services. Mediation program for Pasadena residents. Call for walk-in clinic hours. Spanish, Mandarin, Korean, Armenian, Russian spoken.

NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY

1104 E. Chevy Chase
Glendale, CA 91205
(800) 433-6251
<http://www.nls-la.org>

Description: Provides free legal services to low income such as housing, immigration, labor, consumer, family and government benefits ie: food stamps, Social Security, Medicare, Medi-Cal related health care.

LOS ANGELES COUNTY PUBLIC DEFENDER/GLENDALE

Glendale Branch
600 E. Broadway, Ste 170
Glendale, CA 91205
(818) 500-3561
(818) 547-0467 Fax

SMALL CLAIMS ADVISORY PROGRAM

Glendale Courthouse
600 E. Broadway, Room 273
Glendale, CA 91206
(818) 500-3537

Legal Assistance Services Resources

LOS ANGELES COUNTY SUPERIOR COURT

Glendale Courthouse

600 E. Broadway

Glendale, CA 91206

(818) 500-3551 – Civil/Small Claims

(818) 500-3530

(818) 548-5470 Fax

<http://www.lasuperiorcourt.org>

Description: Civil/Small Claims, call number above. Criminal matters call (818) 500-3530. Armenian & Spanish spoken.

VOLUNTEER CENTER/LOS ANGELES

Glendale Courthouse

600 E. Broadway, Ste 111

Glendale, CA 91205

(818) 500-9553

(818) 500-9552

(818) 500-9554 Fax

Description: Court referral & juvenile delinquency prevention program.

Mental Health Resources

ARK FAMILY CENTER

541 W. Colorado Blvd.
Glendale, CA 91204
(818) 662-7045
(818) 831-1795 Fax

<http://www.arkfamilycenter.org>

Description: Provides counseling, personal and professional help for teens and adults for managing stress, communication, self-esteem, and seminars. Armenian and Farsi spoken.

FOOTHILL FAMILY SERVICES

118 S. Oak Knoll Ave.
Pasadena, CA 91101
(626) 795-6907
(626) 795-7080 Fax

<http://www.foothillfamily.org>

Description: Individual, family and group counseling for families. Teen pregnancy prevention program, parenting classes and domestic violence programs.

INSTITUTE MULTICULTURAL COUNSELING

431 N. Brand Blvd
Glendale, CA 91203
(818) 240-4311
(818) 240-4318 Fax

<http://www.IMCES.org>

Description: Court approved domestic violence, anger management, and parenting classes. Individual and group counseling and professional training.

PASADENA MENTAL HEALTH

1495 N. Lake St.
Pasadena, CA 91104
(626) 798-0907
(626) 798-9043 Fax

<http://www.pmhcenter.org/>

Description: Provides multi-services, parent education classes, group counseling, court order clients accepted.

PACIFIC CLINICS HYE-WRAP PROGRAM

237 N. Central, 2nd Flr.
Glendale, CA 91203
(818) 547-9544 / (818) 549-9041 Fax

<http://www.pacificclinics.org>

Description: provides behavioral health services for high-risk Armenian students, as well as those referred from the community.

Mental Health Resources

CATHOLIC CHARTIES

4322 San Fernando Rd.

Glendale, CA 91204

(818) 409-3080

(818) 956-1857 Fax

<http://www.catholiccharitiesusa.org>

Description: Emergency assistance and case management, immigration and citizenship services, and youth services.

FULLER PSYCHOLOGICAL FAMILY SERVICES

135 N. Oakland Ave

Pasadena, CA 91101

(626) 584-5200

(626) 584-5558 Fax

Description: Outpatient services for children, teens and adults. Individual, couple, family and group therapy. Eating disorders counseling.

NEW HORIZONS FAMILY CENTER

Mental Health Center

1251 S. Glendale Ave.

Glendale, CA 91205

(818) 549-2250

(818) 545-7613 Fax

Description: Family, individual, couples and childcare counseling. Domestic violence classes, gang prevention program.

PEDIATRIC PSYCHOLOGY PROGRAM

Children's Hospital

3250 Wilshire Blvd. 5th Floor

(323) 361-2350

(323) 671-3843 Fax

<http://www.chla.org/>

Description: Consists of outpatient and inpatient hospital based services that provide support and intervention to children and families who are experiencing difficulties coping with a medical condition.

Mental Health Resources

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

Access Center – 24/7 Help line

(800) 854-7771

Description: Free confidential mental health information, referrals to service providers, and crisis counseling at any day or time. Mental health services provided include assessments, case management, crisis intervention, medication support, peer support, and other rehabilitative services. Services are provided in multiple settings including residential facilities, clinics, schools, hospitals, county jails, juvenile halls and camps, mental health courts, board, and care houses, in the field and in people's homes. Mental health courts, board and care houses, in the field and in people's homes.

VERDUGO MENTAL HEALTH/VMH CARE

1540 E. Colorado Blvd.

Glendale, CA 91205

(818) 244-7257

(818) 243-5431 Fax

<http://www.vmhc.org>

Description: Provide services for children with mental illness, neglect, domestic violence, depression, school related issues and parenting classes. Serves low-income and diverse population. Fives sites that specialize in treatment for seriously mentally ill adults, children and teens.

Mentoring-Motivational Youth Program Resources

TURNING NEW CORNERS

1525 Orange Grove Ave., Ste A

Glendale, CA 91205

(818) 550-8329

<http://www.turningnewcorners.org>

Description: Provides youth mentoring, community outreach, promote education, career counseling, social skills & conversational English activities. Turkish, Armenian, German, Korean & Spanish spoken.

ARK FAMILY CENTER

541 W. Colorado St.

Glendale, CA 91204

(818) 662-7045

(818) 831-1795 Fax

<http://www.arkfamilycenter.org>

Description: Provides counseling, personal and professional help for teens and adults for managing stress, communication, self-esteem, and seminars. Armenian and Farsi spoken.

ARMENIAN GENERAL BENEVOLENT UNION

Generation Next Mentorship Program

2495 E. Mountain St.

Pasadena, CA 91104

(626) 794-7942

(626) 794-2622 Fax

<http://www.agbugennext.org>

Description: Mentoring for Armenian youth between the ages of 12-14. Youth can continue in the program until age 18. Youth are paired with volunteer adult members who work with them for at least a period of one year. Accepting students year-around.

SARGES COMMUNITY BASE, INC.

638 E. Colorado Blvd., Ste. 202

Pasadena, CA 91101

(626) 797-4882

(626) 628-3661 Fax

<http://www.sargescb.org>

Description: Commit to Achieve Youth Boot Camp, specifically designed for youth from ages 7-17 years old. It is an extensive boot camp held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline drills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self development courses, and self-esteem building blocks and a host of business professional guest speakers.

Parenting Education Resources

NEW HORIZONS FAMILY CENTER

Mental Health Center
1251 S. Glendale Ave.
Glendale, CA 91205
(818) 549-2250
(818) 545-7613 Fax
<http://www.newhorizonsfamilycenter.org>

Description: Offers parenting classes for issues such as anger, discipline, communication skills, and divorce. Languages include Spanish & Armenian.

INSTITUTE FOR MULTICULTURAL COUNSELING

431 N. Brand Blvd.
Glendale, CA 91203
(818) 240-4311
(818) 240-4318 Fax
<http://www.IMCES.org>

Description: Court approved domestic violence, anger management, and parenting classes. Individual and group counseling, and professional training. Languages include Armenian, Farsi, Persian, Spanish & Korean.

VERDUGO MENTAL HEALTH/VMH CARE

1540 E. Colorado Blvd.
Glendale, CA 91205
(818) 244-7257
(818) 243-5413 Fax
<http://www.vmh.org>

Description: Family therapy and parent education classes. Languages include Armenian.

ACTION PARENT TEEN SUPPORT GROUP

220 N. Kenwood St. Rm 104
Glendale, CA 91206
(800) 367-8336
<http://www.actionteen.addr.com>

Description: Provides free weekly support groups for parents and teens. We offer support to families dealing with drug or alcohol problems. We also provide information and referrals on our 24-hour Helpline (800-FOR-TEEN).

Parenting Education Resources

ARK FAMILY CENTER

541 W. Colorado St.
Glendale, CA 91204
(818) 662-7045
(818) 831-1795 Fax

<http://www.arkfamilycenter.org>

Description: Provides counseling, personal and professional help for teens and adults for managing stress, communication, self-esteem, and seminars. Armenian and Farsi spoken.

GLENDALE COMMUNITY COLLEGE

1500 N. Verdugo Rd.
Glendale, CA 91208
(818) 240-1000
(818) 243-5196 Fax

<http://www.glendale.edu/index.aspx?page=1175>

Description: Offers evening classes for parents on positive parenting for all ages. Free of charge.

SELPA/FOOTHILL

1700 E. Mountain St.
Glendale, CA 91207
(818) 246-5378
(818) 246-3537 Fax

<http://www.foothillselpa.org>

Description: CONTACT: SELPA Director. See “SELPA Los Angeles County” for description for services. Parenting education classes. Languages include Spanish, Korean & Armenian.

SARGES COMMUNITY BASE, INC.

638 E. Colorado Blvd., Ste. 202
Pasadena, CA 91101
(626) 797-4882
(626) 628-3661 Fax

<http://www.sargescb.org>

Description: It is an extensive boot camp for youth held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline drills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self development courses, and self-esteem building blocks. Parents also learn “tough love” concepts through an extensive parenting education course through the Parent Project Program.

Public Library

COUNTY OF L.A. PUBLIC LIBRARY

La Canada Flintridge
4545 Oakwood Ave.
La Canada, CA 91011
(818) 790-3330
(818) 952-1754 Fax

<http://www.colapublib.org/>

Description: Books on tape, large print books, copiers, community room available for rent. Rent Best Sellers. Internet, typewriter, videos, cassettes, CDs. Books in Spanish, Korean, Chinese, Japanese. Toddler & preschool story hours.

GLENDALE PUBLIC LIBRARY

Brand Art and Music Library
1601 W. Mountain Street
Glendale, CA 91201-1209
(818) 548-2051
(818) 548-5079 Fax

<http://library.ci.glendale.ca.us>

Description: Recital hall available for music recitals only. Copier videos, records, CDs, long play records, books. Music collection including sheet music and scores, piano rolls, etc. Also house and Art Gallery, 4 exhibits per year featuring So Calif Artists.

COUNTY OF L.A. PUBLIC LIBRARY

La Crescenta Branch
4545 Oakwood Ave
La Crescenta, CA 91214
(818) 248-5313
(818) 248-1289 Fax

<http://www.colapublib.org/>

Description: Books on tape, large print books, copiers, Internet, typewriter, videos, cassettes, CDs. Books in Armenian, Spanish, Korean, & Chinese. Family storyhour on Saturdays. Armenian, Russian, Arabic, Hindi, Marathi, Persian, French, Korean spoken.

Public Library

GLENDALE PUBLIC LIBRARY

Central Library
222 E. Harvard Street
Glendale, CA 91205
(818) 548-2027
(818) 548-7225 Fax

<http://library.ci.glendale.ca.us>

Description: Adaptive workstations, books on tape, large print books. Braille depository, copier, typewriter, public meeting room. Auditorium. On-line reference, Internet access, videos, children's records. Books in Armenian, Spanish, Korean, other languages. Children's Program, pre-school story hour, large collection of children's books and materials. Literacy program by appt. only. Adaptive Services. Armenian, Korean, Spanish, Arabic, Vietnamese, & Russian spoken.

GLENDALE PUBLIC LIBRARY

Montrose-Crescenta Branch
2465 Honolulu Ave.
Glendale, CA 91020
(818) 548-2048
(818) 248-6987 Fax

<http://library.ci.glendale.ca.us>

Description: Books on tape, large print books, copier, typewriter, public meeting room, Internet access, videos, DVDs. Narrative phonograph records (not musical). Children's book discussion groups. Preschool story hours.

GLENDALE COMMUNITY COLLEGE LIBRARY

1500 N. Verdugo Rd.
Glendale, CA 91206
(818) 240-1000

<http://www.glendale.edu/library>

GLENDALE PUBLIC LIBRARY

Casa Vedugo Branch
1151 N. Brand Blvd
Glendale, CA 91202
(818) 548-2047
(818) 548-8052 Fax

<http://library.ci.glendale.ca.us>

Description: Adult and Children's books, books on tape, condensed version, large print books, copier, public meeting room, videos, Internet, cassettes. Pre-school story hour on Thurs. Spanish, Vietnamese, Armenian & Farsi spoken.

Public Library

GLENDALE PUBLIC LIBRARY

Pacific Park Branch Library

501 S. Pacific Ave.

Glendale, CA 91204

(818) 548-3760

(818) 409-7154 Fax

<http://library.ci.glendale.ca.us>

Description: Books on tape, Internet access, large print books, cassettes, CDs, DVDs & videos, copier, Children and adult books, magazines in Armenian, Russian & Spanish, tot-storyline, homework help, events for teens, adult book club, comp. classes, one meeting room. Spanish & Armenian spoken.

GLENDALE PUBLIC LIBRARY

Chevy Chase Branch

3301 E. Chevy Chase Dr.

Glendale, CA 91206

(818) 548-2046

(818) 548-7713 Fax

<http://library.ci.glendale.ca.us>

Description: Books in Armenian & Spanish, small video & cassette collection. Bookmobile makes scheduled stops, obtain a schedule from any Glendale Library.

Self Help Support Resources

AIDS PROJECT L.A SUPPORT GROUPS

611 S. Kingsley Dr.
Los Angeles, CA 90005
(213) 201-1600
(213) 201-1392 Fax
<http://www.apla.org>

Description: Support groups offered for persons infected and affected by HIV disease. Groups are facilitated by volunteers licensed mental health professionals. Drop-in and Spanish speaking groups available, groups for dual-diagnosis of HIV/AIDS or addictive behavior. Groups meet during the day and in the evenings and last 1 ½ to 2 hours once a week. Some groups have waiting list.

ALZHEIMER'S ASSOCIATION L.A./RIV/SBDO

5900 Wilshire Blvd., Ste 1100
Los Angeles, CA 90036
(800) 272-3900
(323) 938-1036 Fax
<http://www.alz.org>

Description: Information about Alzheimer's disease and related disorders. Referral to day care, diagnostic centers, support groups, legal services, case management, some health agencies, physicians, nursing homes, etc. literature, education programs. Educational events through the community for lay & professional people. Spanish spoken.

CAREGIVERS SUPPORT GROUP

Regency Park-El Molino
245 S. El Molino Ave.
Pasadena, CA 91101
(626) 578-0460
<http://www.helpguide.org>

Description: For caregivers with a loved one with Alzheimer's or dementia. Meets every 1st & 3rd Tue 1pm-3pm & 1st & 3rd Thurs 6pm-9pm. Open to the community.

ALCOHOLICS ANONYMOUS ADMINISTRATION

4311 Wilshire Blvd., Ste. 104
Los Angeles, CA 90010
(323) 936-4343
(323) 936-8729 Fax

Description: 24 hr self-help information for alcoholics. Will help anyone who wants to stop drinking. This is an original 12-Step self-help group. AA meeting information. Spanish line (323) 735-2089. Spanish & Russian spoken.

Self Help Support Resources

ARTHRITIS POOL THERAPY

Glendale Adventist Medical Center
1509 Wilson Terrace
Glendale, CA 91206
(818) 409-8070
(818) 546-5651 Fax
<http://www.glendaleadventist.com>

Description: Meets at the Rehabilitation Institute Monday-Friday.

CELEBRATE RECOVERY

Christian Assembly
2424 Colorado Blvd
Los Angeles, CA 90041
(323) 255-1421

Description: Christ-centered 12-Step recovery program. Support groups for all types of problems & addictions, including: food, sex, or relationship addictions, co-dependency and chemical dependency.

MARIJUANA ANONYMOUS

P.O. Box 2912
Van Nuys, CA 91404
(800) 766-6779

Description: Fellowship group of men and women who share experience, strength and hope with each other to solve a common problem and help others to recover from Marijuana addiction. Literature in Spanish & English.

ALISA ANN RUCH BURN FOUNDATION

Southern Cal. Administrative Office
2501 W. Burbank Blvd., Ste 201
Burbank, CA 91505
(818) 848-0223
(818) 848-0296 Fax
<http://www.aarbf.org>

Description: Free brochures & information on burn prevention & care. Assistance to burn survivors of all ages including counseling, summer camp. Back to School, Back to Work, resources to assist for medical care & therapeutic aids. Support groups meet monthly in various sites. Call for site location.

Self Help Support Resources

BEING ALIVE

7531 Santa Monica Blvd., Ste. 100

West Hollywood, CA 90046

(323) 874-4322

<http://www.beingalivela.org>

Description: Programs and services for person with HIV/AIDS. Information & referral, peer counseling, support groups, legal assistance, library, newsletter, social & prevention programs, HIV day program, field trips, alternative therapy education, addictions, co-dependency and chemical dependency.

EPILEPSY FOUNDATION OF GREATER LOS ANGELES

5777 W. Century Blvd., Ste 820

Los Angeles, CA 90045

(800) 564-0445

(310) 670-6124 Fax

<http://www.epilepsyfoundationgla.org/>

Description: Information & referral, self-help groups, educational outreach, residential and family camps, parent phone network, conferences, medical ID bracelets and necklaces, seizure first aid training, advocacy, literature and written education guides. Services for persons with seizure disorders, their family members and the community. Spanish spoken.

GRIEF SUPPORT GROUPS

GLENDALE ADVENTIST

1509 Wilson Terrace

Glendale, CA 91206

(818) 409-8008

(818) 546-5688 Fax

<http://www.glendaleadventist.com/body.cfm?id=554>

Description: Information & referral, self-help groups, educational outreach, residential and family camps, parent phone network, conferences, medical ID bracelets and necklaces, seizure first aid training, advocacy, literature and written education guides. Services for persons with seizure disorders, their family members and the community. Spanish spoken.

OVEREATERS ANONYMOUS

Foothill Intergroup

P.O. Box 1108

Pasadena, CA 91102

(626) 568-7511

Description: Self-help groups patterned after Alcoholics Anonymous. Meetings in Pasadena, Glendale, Temple City, Los Angeles, Burbank, San Gabriel Valley, San Fernando Valley.

Self Help Support Resources

SENIOR PEER COUNSELING

Glendale Memorial Hospital & Health Center

1420 S. Cental Ave.

Glendale, CA 91204

(818) 638-5499

(818) 502-2396 Fax

http://www.glendalememorialhospital.org/Medical_Services/Senior_Services/index.htm

Description: Support, counseling, information, education, & resources. Spanish spoken.

NAMI-GLENDALE

Verdugo Mental Health Care

1540 E. Colorado Blvd

Glendale, CA 91205-1514

(818) 244-7257

(818) 243-5431 Fax

<http://www.vmh.org>

Description: Share and Care group for relatives and friends of the mentally ill. Meetings held every Tues 6pm-7:30pm. Spanish & Armenian spoken.

SELF-HELP AND RECOVERY EXCHANGE (SHARE)

(310) 305-8878 or toll free 1(877) – SHARE-49

<http://www.shareselfhelp.org>

Description: Self-Help Centers provide meeting space for self-help support groups of all kinds ranging from anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking , reaching goals, etc. Self-Help Specialists can find a meeting in your neighborhood that is right for you. SHARE's 24hr voicemail lets you push button for contact information for hundreds of self-help groups.

Senior Multiple Services

ADULT DAY CARE CENTER OF GLENDALE

125 S. Louise
Glendale, CA 91205
(818) 242-4200
(818) 244-1789 Fax

Description: Day care for adults with Dementia and /or Alzheimer's resulting in memory impairment diagnosis. Transportation as well as arrangements for haircuts and manicures are available at reasonable rates. The programs are designed to help order adults maintain the highest level of functioning possible, and include exercises, arts, and crafts, music, reading, games, discussion groups and outside entertainment.

ARMENIAN RELIEF SOCIETY/SOCIAL SERVICE

517 W. Glenoaks Blvd.
Glendale, CA 91202
(818) 241-7533

<http://www.arswestusa.com>

Description: Employment referral, placement, translation, training & vocational counseling. Free job listings to employers looking for qualified workers. Also assist with housing & emergency needs. Farsi, Armenian, Arabic, French, and Russian spoken.

CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)

P.O. Box 30310
Stockton, CA 95213
(800) 806-1191

<http://www.ddtp.org>

Description: State-mandated program that provides Medical rehabilitative and social services to elderly persons and other adults with functional impairments. The goal is to maintain the capacity for self care and encourage the maximum level to function.

ADULT DAY HEALTH CARE CENTER

6900 San Fernando Rd.
Glendale, CA 91201
(818) 566-6688

Description: Community-based program that provides Medical rehabilitative, and social services to elderly persons and other adults with functional impairments. The goal is to maintain the capacity for self care and encourage the maximum level to function.

Senior Multiple Services

ASSISTANCE LEAGUE OF GLENDALE

314 E. Harvard St.
Glendale, CA 91205
(818) 247-4296
(818) 247-4451 Fax

<http://www.alglendale.org>

Description: Operation School Bell (clothing for needy children in Glendale School District). Health kits, books, scholarships. Sat seminars, Senior Neighborhood Fellowship, GlenAmies (for babies, children & women in crisis.)

CALJOBS/EDD

<http://www.caljobs.ca.gov>

Description: California's Internet system for linking employer job listings and job seeker resumes. Many professional, managerial, and technical workers who have unexpectedly found themselves out of work are now working together-helping each other find new employment opportunities through "job clubs" sponsored by Employment Development Department (EDD).

ADULT PROTECTIVE SERVICES

3333 Wilshire Blvd.
Los Angeles, CA 90010
(213) 351-5401
(213) 738-6485 Fax

Description: Adult Protective Services (APS) State mandated Title XX service program which mandates the prompt investigation of all situations involving elders (65+ yrs) and dependant adults (physically or mentally impaired 18-64 yrs) who are reported to be endangered.

FEDERAL TRADE COMMISSION FOR THE CONSUMER

600 Pennsylvania Avenue, N.W.,
Washington DC 20580
(877) 382-4357

<http://www.ftc.gov>

Description: Education is a key tool to prevent consumer injury. In this website you will public advice on avoiding scams and rip-offs, as well as tips on other consumer topics such as automobiles, credit, health & fitness, energy & environment, business opportunities, identity theft, investments, products & services, scholarship & employment services, telemarketing, telephone services, travel, etc.

Senior Multiple Services

BET TZEDEK LEGAL SERVICES

145 S. Fairfax Ave. Ste 200

Los Angeles, CA 90036

(323) 939-0506

(323) 549-5880 Fax

<http://www.betzedeck.org>

Description: Hebrew for “House of Justice” provides free legal services to low-income seniors through contracts with the City and County of Los Angeles. Staff includes specialists on legal issues that affect seniors, consumer fraud and elder abuse, nursing homes and Residential Care and our staff regularly meets with clients at more than 30 senior centers around the county. Legal assistance includes Landlord – Tenant issues. Unlawful Debt collection, Power of Attorney for Health Care & Finances, Rights/Quality of Care, SSI/Disability Benefits, Appeals, Conservatorships/Guardianships, Veteran’s Benefits, Home Equity Fraud/Home Improvement Fraud, Elder Abuse & Neglect, Substandard Housing Conditions, Social Security, Medi-Cal & Medicare, Alzheimer’s Issues.

GLENDALE WATER AND POWER

141 N. Glendale Ave., Level 2

Glendale, CA 91206

(818) 548-3300

<http://www.glendalewaterandpower.com>

Description: Low-Income & Discount Programs such as Senior Care = \$12 off bill, Cool Care = get new ENERGY STAR refrigerator, Guardian= discounts available for medical equip needs. Helping Hand= get help with electric bill or deposit requirements for customer with emergency.

L.A. 4 SENIORS

<http://www.la4seniors.com>

Description: This public-service web site was created to support the goals of the L.A. Metro Multi-Disciplinary Team (MDT) for Consultation on Elders at risk. From 1998 to 2000, the (MDT) served the Greater Hollywood area and since has expanded to include the downtown Los Angeles area with the support of the L.A. Police Dept. and Adult Protective Services in order to reduce crime against seniors.

Senior Multiple Services

GLENDALE ADULT RECREATION CTR.

Comm. Svcs. & Parks
201 E. Colorado Blvd.
Glendale, CA 91205
(818) 548-3775

http://www.ci.glendale.ca.us/parks/adult_recreation_center.asp

Description: Multi-purpose senior center. Lunch program 7 days/wk, senior social & recreational activities, fitness center, classes in ESL, art, sewing, exercise, legal assist, health screening, info & assist, bus pass, nutritional meals, care management, telephone reassurance, Home Delivered Meal for homebound seniors.

HEAP/CES HOME ENERGY ASSISTANCE PROGRAM

Community Enhancement Services
P.O Box 93699
Los Angeles, CA 90028
(818) 891-4148
(818) 894-1329 Fax

<http://www.cesinla.com>

Description: State of California funded, to assist low income residents to pay for an outstanding energy bill once every 2 years.

LOS ANGELES CAREGIVER RESOURCE CENTER

USC Andrus Gerontology Ctr.
3715 McClintock Ave.
Los Angeles, CA 90089
(213) 821-7777
(213) 740-1871 Fax

Description: LACRC is part of a statewide system of regional resource centers created by California legislation passed in 1984 and designed to assist families and caregivers of adults with brain impairment.

THE CENTER FOR AGING RESOURCES

447 N. El Molino Avenue
Pasadena, CA 91101
(626) 577-8480

<http://www.cfar1.org>

Description: Center offers a variety of services for older adults, including in home and outpatient mental health services; elder abuse and crime victim services; Alzheimer's daycare; medication support; education and treatment services for substance & alcohol abuse, support groups for elders, their families and caregivers.

Senior Multiple Services

GLENDALE MEMORIAL HOSPITAL & HEALTH CENTER

1420 S. Central Ave.

Glendale, CA 91204

<http://www.glendalememorial.com>

Description: Glendale Memorial Hospital and Health Center has variety of programs and services and seniors. Our goal is to help seniors live active, healthy and independent lifestyles. Support groups, exercise classes and other programs geared toward seniors. Programs include Crossroads Adult Behavioral Health Description: Services, Senior Peer Counseling, Stanford Chronic Disease Mgmt, ages 50+.

JOSLYN SENIOR CTR/BURBANK

1301 W. Olive Ave.

Burbank, CA 91506

(818) 238-5353

Description: Senior multi-purpose center, recreation, info & Medicare assistance (H.I.C.A.P.), nutrition, transportation, legal assist, in-home service, R.S.V.P. (volunteer program), fitness program, telephone reassurance, transportation.

LOS ANGELES COUNTY ELDER ABUSE HOTLINE

(877) 477-3646

Description: Adult Protective Services (APS) State mandated Title XX service program which mandates the prompt investigation of all situations of all situations involving elders (65 yrs+) and dependant adults (physically or mentally impaired 18-64 yrs) who are reported to be endangered by physical, sexual or financial abuse, abandonment, isolation, abduction, neglect or self-neglect or hazardous living conditions. Upon receipt of such a report, and APS Social Worker will make a face-to-face contact with the client in order to investigate and make an assessment of the situation.

GERIATRIC EVALUATION NETWORKS ENCOMPASSING SERVICES (GENESIS)

(213) 351-7284

Description: The GENESIS Program is a community outreach effort that helps organize assistance for seniors who cannot care for themselves. They are primarily called in to handle cases with “dementia” including sudden memory loss and/or delusions caused possibly by any combination of hypothyroidism, B12 deficiency, general poor nutrition, urinary tract infection, and subdural hematoma.

Senior Multiple Services

PERSONAL ASSISTANCE SERVICES COUNCIL OF LA

4730 Woodman Avenue, Suite 405

Sherman Oaks, CA 91423

(818) 206-7000

(818) 206-8000 Fax

<http://www.pascla.org>

Description: PASC is the Public Authority for In-Home Supportive Services (IHSS) in L.A. County. Operates a Registry to provide referrals for IHSS consumers and providers; Provides access to training and an array of supportive services for improvement of the IHSS program in general. PASC is committed to enhancing the quality of life for all people who receive and provide In-Home Supportive Services.

LIFE SERVICES, INC.

1111 N. Brand Blvd., Ste K.

Glendale, CA 91202

(818) 547-0585

(818) 547-1093 Fax

<http://www.la4seniors.com>

Description: Professional Conservatorship Services, complete personalized care encompassing medical, financial, social, spiritual, and psych needs for seniors 60+yrs. Services include Life Care Planning, personalized care, trust management, estate admin & referrals. Connect through LA4Seniors under Conservatorship link.

NATL. ASSN. FOR HISPANIC ELDERLY

234 East Colorado Blvd., Ste 300

Pasadena, CA 91101

(626) 564-1988

(626) 564-1988 Fax

<http://www.anppm.org/>

Description: Information on services. For Hispanic senior ages 55+ yrs and low income, employment assistance. Spanish spoken.

SENIOR LEGAL HOTLINE

444 North Third Street, Ste 312

Sacramento, CA 95814

(916) 551-2140

<http://www.seniorlegalhotline.org>

Description: Free legal advice, assistance and education.

Senior Multiple Services

SPARR HEIGHTS COMMUNITY CENTER

Community Services and Parks Dept.

1613 Glencoe Way
Glendale, CA 91208
(818) 548-2187

Description: Congregate senior lunch program offers nutritious hot meal for seniors for 60+ years. Donation of \$2.50 is requested.

IN-HOME SUPPORTIVE SERVICES

L.A. CO. PUBLIC SOCIAL SRVS/IN-HOME

3307 N. Glenoaks Blvd.
Burbank, CA 91504
(818) 557-4103

Description: Assists eligible seniors, blind and disabled to live safely in own homes rather than an institution.

LITTLE TOKYO SERVICE CENTER

231 E. 3rd Street, Ste G-104
Los Angeles, CA 90013
(213) 473-3030

<http://www.ltsc.org>

Description: Multi-purpose social service agency providing culturally sensitive and linguistically appropriate social services including Info & Refs., case management, child abuse prevention, domestic violence program, translation, counseling, advocacy, consumer education, helpline, outreach & peer support groups for elderly, low income. Disabled & destitute families.

PARTNERS IN CARE FOUNDATION

732 Mott Street, Ste 1000
San Fernando, CA 91340
(818) 837-3775

<http://www.picf.org>

Description: Provides case mgmt to those 65+ yrs, functionally impaired, at-risk of nursing home placement & who are Medi-Cal eligible with no share-of-cost. Spanish, Tagalog, Armenian spoken.

SOCIAL SECURITY ADMINISTRATION

710 S. Central Ave., Ste 320
Glendale, CA 91204
(818) 549-0403

<http://www.ssa.gov>

Description: Information on Social Security, SSI benefits, SS cards, Medicare benefits & sign-up, survivor and burial benefits.

Senior Multiple Services

SOUTHERN CALIFORNIA SENIOR RESOURCES

2026 Villa St.
Pasadena, CA 91107
(866) 697-3646
(626) 795-7789

<http://www.socalseniors.com/>

Description: Free referral service guide to assist in finding Assisted Living, Dementia Care, Board and Care Homes, Nursing homes, Independent (Retirement Home), SSI Communities, Medi-Cal/Medicare Communities, Home Care.

VERDUGO JOB CENTER

CalJobs
1255 South Central Ave
Glendale, CA 91204
(818) 409-0476

<http://www.verdugojobscenter.org>

Description: offers a comprehensive range of workforce development activities through statewide and local organizations typically referred to as One-Stop Centers. These available workforce development activities provided can benefit job seekers, laid off workers, youth, seniors, incumbent workers, new entrants to the workforce, veterans, persons with disabilities, and employers. These activities promote an increase in the employment, job retention, earnings, and occupational skills improvement by participants. The State of California receives funding from the federal government to provide services for adults, laid-off workers, and youth

Substance Addiction Resources

AA WINDSOR CLUB

123 W. Windsor Club
Glendale, CA 91204
(818) 242-1350

Description: Meetings for people with alcohol addictions.

CIRCLE OF HELP FOUNDATION

1011 Goodrich Blvd.
Commerce, CA 90022
(323) 888-9191
(323) 888-9222 Fax

<http://www.circleofhelp.com>

Description: Substance abuse treatment, intervention programs, treatment planning, outpatient, daycare rehabilitative services.

NEW INSIGHTS PROGRAM

431 N. Brand Ave. Ste 311
Glendale, CA 91203
(818) 242-2308
(818) 242-2320 Fax

Description: Drug and alcohol counseling, education and tobacco awareness.

VERDUGO MENTAL HEALTH CARE

Positive Directions
1540 E. Colorado Blvd..
Glendale, CA 91205
(818) 247-8180
(818) 247-6648 Fax

<http://www.vmh.org>

Description: Outpatient individual, couples, family and group counseling.

ACTION PARENT TEEN SUPPORT GROUP

220 N. Kenwood St. Rm 104
Glendale, CA 91206
(800) 367-8336

<http://www.actionteen.addr.com>

Description: Provides free weekly support groups for parents and teens. We offer support to families dealing with drug or alcohol problems. We also provide information and referrals on our 24-hour Helpline (800-FOR-TEEN).

Substance Addiction Resources

PACIFIC CLINICS

Substance Abuse Program
1020 S. Arroyo Parkway Ste. 100
Pasadena, CA 91105
(626) 403-2794
(626) 403-4898 Fax

<http://www.pacificclinics.org>

Description: Outpatient drug alcohol treatment program, information and referral, prevention, and education.

ALPHA TREATMENT

Glendale Memorial Hospital
1510 S. Central Ave. Ste 240
Glendale, CA 91204
(818) 502-4598
(818) 500-7983 Fax

<http://www.glendalememorialhospital.org>

Description: Chemical dependency treatment, detox, day and evening programs. Individual and group therapy

GLENDALE ADVENTIST MEDICAL CENTER

355 Mission Rd.
Glendale, CA 91205
(818) 242-3116
(818) 242-5759 Fax

<http://www.glendleadventist.com>

Description: Acute detox residential treatment and outpatient services for individuals with dependencies.

Substance Addiction Resources

PASADENA RECOVERY CENTER

1811 N. Raymond Ave.

Pasadena, CA 91103

(626) 345-9992

(626) 345-9995 Fax

<http://www.pasadenarecoverycenter.com>

Description: Outpatient and 88 bed residential mental health services for adults, families and groups. Family group therapy.

RIGHT ON PROGRAM, INC.

522 E. Broadway

Glendale, CA 91205

(818) 240-1683

<http://www.rightonprograms.org>

Description: DUI Programs for 1st., 2nd. and 3rd. offenders and adult anger management program that meet court ordered requirements.

Transportation Services Resources

ACCESS SERVICES

P.O. Box 71684

Los Angeles, CA 90071-0684

(800) 827-0829

<http://www.asila.org>

Description: Transportation services for the disabled. Responsible for the administration of access paratransit. The Americans with Disabilities Act (ADA) mandated and committed to improving the mobility on public transit of persons with disabilities. Also responsible for coordinating transportation programs of various social service providers in L.A. County.

CALIFORNIA DEPT MOTOR VEHICLES

1335 W. Glenoaks Blvd.

Glendale, CA 91201

(800) 777-0133

<http://www.dmv.ca.gov/portal/home/dmv.htm>

Description: Authorities Calif State driver licenses, registers motor vehicles, & issues ID cards to those who do not drive.

DIAL-A-RIDE/GLENDALE

City of Glendale

633 E. Broadway, Ste 300

Glendale, CA 91206

(818) 548-3960

(818) 409-7027 Fax

Description: Transportation for seniors age 60+yrs & disabled persons in Glendale, Montrose, La Canada-Flintridge and La Crescenta. Appointments must be made 24 hours hrs in advance but can be made up two weeks ahead. Return trips must be pre-booked. Service available M-F 8am-6pm. Must register ahead. Spanish & Armenian spoken.

Volunteer Opportunities Resources

ALEX THEATRE

216 N Brand Blvd.
Glendale, CA 91203
(818) 243-7700
(818) 241-2089 Fax

<http://www.alextheatre.org>

Description: Volunteer / community service opportunities: serve functions such as greeting and directing patrons, ticket tearing, directing patrons to their seats, assisting guests with special needs.

GLENDALE ADVENTIST MEDICAL CENTER

Student Volunteer Program
1509 Wilson Terrace
Glendale, CA 91203
(818) 409-8057
(818) 546-5687 Fax

<http://www.glendaleadventist.com>

Description: Volunteer opportunities for teens and adults.

GLENDALE VOLUNTEER CENTER

600 E. Broadway Rm 111
Glendale, CA 91205
(818) 500-9552

Description: Volunteer opportunities for teens and adults.

ST. KEVORK ARMENIAN CHURCH

1434 W. Kenneth Rd.
Glendale, CA 91201
(818) 243-7802

Description: Community Service Opportunities for teens and adults.

AMERICAN RED CROSS-YOUTH GROUP

15015 S. Brand Blvd
Glendale, CA 91204
(818) 243-3121
(818) 240-2899 Fax

Description: Volunteer opportunities for teens and adults.

Volunteer Opportunities Resources

NEW HORIZONS FAMILY CENTER

744 S. Glendale Ave
Glendale, CA 91205
(818) 545-9848
(818) 545-9848 Fax

<http://www.newhorizonsfamilycenter.org>

Description: Volunteer opportunities for teens and adults.

CITY OF GLENDALE VOLUNTEER PROGRAM

Community Services and Parks Dept.
613 E. Broadway, Room 120
Glendale, CA 91206
(818) 548-2000

Description: Opportunities to volunteer in community special events, senior and disabled adult programs and after-school drop-in youth programs.

CITY OF PASADENA VOLUNTEER CENTER

2500 E. Foothill, Suite 101
Pasadena, CA 9110
(626) 792-6118

Description: Community service referral service program, has a processing fee.

PASADENA HUMANE SOCIETY

361 S. Raymond Ave.
Pasadena, CA 91105
(626) 792-7151
(626) 792-3710 Fax

<http://www.phsspca.org>

Description: Volunteer opportunities & community services for adults and 15-18 years.

INTERNATIONAL RESCUE COMMITTEE

425 E. Colorado Blvd., Suite 550
Glendale, CA 91205
(818) 550-6220
(818) 550-6277 Fax

<http://www.theIRC.org>

Description: Volunteer and Internship opportunities for teens and adults.

Youth Anti-Gang Resources

COMMUNITIES IN SCHOOL

8743 Burnett Ave.
North Hills, CA 91343
(818) 891-9399
(818) 891-2510

Description: Anchor to the nation's leading community-based organization helping young people stay in school and prepare them for life utilizing intervention services such as gang intervention, mentoring, job training/placement assistance. Spanish spoken.

HOMEBOY INDUSTRIES

130 W. Bruno Street
Los Angeles, CA 90012
(323) 526-1254
(323) 526-1257 Fax
<http://www.homeboy-industries.org>

Description: Job referrals, job readiness & training, counseling, community service assistance, case management services for gang members, at-risk youth, and those recently released from detention facilities. Spanish spoken.

AGAPE LIGHT

Culver City Seventh-Day Adventist Church
Tattoo Removal Program
11828 W. Washington Blvd.
Los Angeles, CA 90066
(310) 398-9205
<http://www.tattooremoval.org>

Description: Low-cost laser treatment for tattoo removal. Call for more information.

NEW HORIZONS FAMILY CENTER

Youth Recreation Center
744 S. Glendale Ave.
Glendale, CA 91205
(818) 545-9848
(818) 545-9901 Fax
<http://www.newhorizonsfamilycenter.org>

Description: Family, individual, couples and child counseling. Domestic violence classes, gang prevention program and activities, juvenile diversion counseling, parent education classes.

Youth Recreations/Programs Resources

BOYS & GIRLS CLUB OF BURBANK

2244 N. Buena Vista St.

Burbank, CA 91504

(818) 842-9333

<http://www.bgcburbank.org>

Description: Sports, after-school programs, camps and leadership programs.

YMCA OF GLENDALE

735 E. Lexington Dr.

Glendale, CA 91205

(818) 242-4155

<http://www.glendaleymca.org>

Description: Provides Teen drop-in center, day camp, sports, swimming lessons, after-school programs.

SALVATION ARMY ZONE

320 W. Windsor Rd

Glendale, CA 91204

(818) 246-5586

(818) 246-2419 Fax

<http://www.glendalecorps.org>

Description: Provides homework help, sports, photography, and film making. Free for grades 5th-8th.

NEW HORIZONS FAMILY CENTER

Youth Recreation Center

744 S. Glendale Ave.

Glendale, CA 91205

(818) 545-9848

(818) 545-9901 Fax

<http://www.newhorizonsfamilycenter.org>

Description: Provides an after-school program for children 5 years and up.

Youth Recreations/Program Resources

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(818) 545-9901 Fax

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Youth Recreations/Program Resources

CITY OF GLENDALE: COMMUNITY SERVICES AND PARKS DEPARTMENT

613 E. Broadway, Rm 120

Glendale, CA 91206

(818) 548-2000

<http://parks.ci.glendale.ca.us>

Description: Provides classes in fitness, sports, art, dance, for children, adults, special events and seniors. Camps for kids during school breaks and summer vacation provided. Afterschool programs provided year-round.

CLUB JAM

Grandview Presbyterian Church

1130 Ruberta Ave.

Glendale, CA 91201

(818) 244-7223

(818) 244-7225 Fax

<http://www.grandviewpres.org>

Description: An after-school tutoring program for children in grades kindergarten through sixth, which operates year-round. Provides a safe and loving environment where excel and grow. Tuition based program with scholarships available for qualifying students.

HOMENETMEN GLENDALE

3628 San Fernando Rd.

Glendale, CA 91204

(323) 256-2564

(323) 256-0639 Fax

<http://www.ararat.org>

Description: Recreation basketball program that provides organized youth basketball leagues, instructional camps and tournaments.

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